APPENDIX K METROPOLITAN WEST SCHOOL SPORT

10-12 YEARS DISTANCE EVENT NOMINATION FORM

(THE BELOW EVENTS WILL NOT BE CONDUCTED AT METROPOLITAN WEST SCHOOL SPORT SWIMMING TRIALS BUT WILL BE CONTESTED AT THE QSS 10-12 YEARS SWIMMING STATE CHAMPIONSHIPS)

<u>This form must be completed to be considered for selection in</u> <u>the Metropolitan West School Sport Swimming Team to compete</u> <u>at the QSS 10-12 Years Swimming State Championships.</u>

STUDENT NAME:	
SCHOOL:	
DATE OF BIRTH:	Male/Female
CONTACT MOBILE:	
CONTACT EMAIL:	

Please select (\checkmark) your desired event and complete the appropriate details for each event.

Please note: Only current 2023/2024 swimming season times up until the 9 February 2024 will be considered. Times **must** be **Long Course** times.

Select (✓)	Event	Name of Meet (must be recognised)	Date of Meet	Result (time)
	400m Freestyle			
	200m Backstroke			
	200m Breaststroke			
	200m Butterfly			
	400m Individual Medley			

<u>Verified results (sanctioned Swimming Qld event) must be</u> <u>attached or the nomination form will not be accepted.</u>

Successful nominations will be highlighted and displayed at the Metropolitan West School Sport Swimming Trials on Wednesday 21 February 2024.

THIS FORM MUST BE EMAIL TO ann-louise.edwards@qed.qld.gov.au at the Metropolitan West School Sport Office <u>BY 4PM FRIDAY 9 FEBRUARY 2024.</u>