

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIAL 2026 PROGRAMME OF EVENTS

Track Events: DAY 1 – Tuesday 1st September 2026

[MC] – Multi Class Event

1500 METRES

8:30am	Event 1	13 – 19yrs 1500m MC	Boys	Finals
8:30am	Event 2	13 – 19yrs 1500m MC	Girls	Finals
8:45am	Event 3	10yrs 1500m	Boys	Finals
8:45am	Event 4	11yrs 1500m	Boys	Finals
9:00am	Event 5	10yrs 1500m	Girls	Finals
9:00am	Event 6	11yrs 1500m	Girls	Finals
9:15am	Event 7	12yrs 1500m	Boys	Finals
9:15am	Event 8	13yrs 1500m	Boys	Finals
9:30am	Event 9	12yrs 1500m	Girls	Finals
9:30am	Event 10	13yrs 1500m	Girls	Finals
9:45am	Event 11	14yrs 1500m	Boys	Finals
9:45am	Event 12	15yrs 1500m	Boys	Finals
10:00am	Event 13	14yrs 1500m	Girls	Finals
10:00am	Event 14	15yrs 1500m	Girls	Finals
10:15am	Event 15	16yrs 1500m	Boys	Finals
10:15am	Event 16	17yrs 1500m	Boys	Finals
10:30am	Event 17	16yrs 1500m	Girls	Finals
10:30am	Event 18	17yrs 1500m	Girls	Finals
10:30am	Event 19	18 – 19yrs 1500m	Boys	Finals
10:30am	Event 20	18 – 19yrs 1500m	Girls	Finals

400 METRES

11:15am	Event 21	13 – 19yrs 400m MC	Boys	Finals
11:15am	Event 22	13 – 19yrs 400m MC	Girls	Finals
11:15am	Event 23	13yrs 400m	Boys	Finals
11:15am	Event 24	13yrs 400m	Girls	Finals
11:35am	Event 25	14yrs 400m	Boys	Finals
11:35am	Event 26	14yrs 400m	Girls	Finals
11:35am	Event 27	15yrs 400m	Boys	Finals
11:35am	Event 28	15yrs 400m	Girls	Finals
11:55am	Event 29	16yrs 400m	Boys	Finals
11:55am	Event 30	16yrs 400m	Girls	Finals
11:55am	Event 31	17yrs 400m	Boys	Finals
11:55am	Event 32	17yrs 400m	Girls	Finals
12:15pm	Event 33	18 – 19yrs 400m	Boys	Finals
12:15pm	Event 34	18 – 19yrs 400m	Girls	Finals

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[MC] – Multi Class Event

100 METRES

1:15pm	Event 35	10yrs 100m	Boys	Final
1:15pm	Event 36	10yrs 100m	Girls	Final
1:15pm	Event 37	11yrs 100m	Boys	Final
1:15pm	Event 38	11yrs 100m	Girls	Final
1:15pm	Event 39	12yrs 100m	Boys	Final
1:15pm	Event 40	12yrs 100m	Girls	Final
1:45pm	Event 41	10 – 12yrs 100m MC	Boys	Final
1:45pm	Event 42	10 – 12yrs 100m MC	Girls	Final
1:45pm	Event 43	13 – 19yrs 100m MC	Boys	Final
1:45pm	Event 44	13 – 19yrs 100m MC	Girls	Final
2:05pm	Event 45	13yrs 100m	Boys	Final
2:05pm	Event 46	13yrs 100m	Girls	Final
2:05pm	Event 47	14yrs 100m	Boys	Final
2:05pm	Event 48	14yrs 100m	Girls	Final
2:25pm	Event 49	15yrs 100m	Boys	Final
2:25pm	Event 50	15yrs 100m	Girls	Final
2:25pm	Event 51	16yrs 100m	Boys	Final
2:25pm	Event 52	16yrs 100m	Girls	Final
2:45pm	Event 53	17yrs 100m	Boys	Final
2:45pm	Event 54	17yrs 100m	Girls	Final
2:45pm	Event 55	18 – 19yrs 100m	Boys	Final
2:45pm	Event 56	18 – 19yrs 100m	Girls	Final
3.00pm	Event 57	10yrs Combined Event 100m	Boys	Final
3.00pm	Event 58	11yrs Combined Event 100m	Boys	Final
3.00pm	Event 59	12yrs Combined Event 100m	Boys	Final
3.00pm	Event 60	10yrs Combined Event 100m	Girls	Final
3.00pm	Event 61	11yrs Combined Event 100m	Girls	Final
3.00pm	Event 62	12yrs Combined Event 100m	Girls	Final

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIAL 2026 PROGRAMME OF EVENTS

Field Events: DAY 1 – Tuesday 1st September 2026

[MC] – Multi Class Event

8.15am	Event 63	10 – 19yrs Long Jump MC	Boys	LJ2 Sth
8.15am	Event 64	10 – 19yrs Long Jump MC	Girls	LJ1 Nth
8.30am	Event 65	13yrs Discus	Girls	D2 Nth
8.30am	Event 66	12yrs High Jump	Boys	HJ2 Sth
8.30am	Event 67	12yrs High Jump	Girls	HJ1 Nth
8.30am	Event 68	14yrs Shot Put	Boys	SP1
8.30am	Event 69	14yrs Shot Put	Girls	SP2
8.30am	Event 70	17yrs Long Jump	Boys	LJ2 Sth
8.30am	Event 71	17yrs Long Jump	Girls	LJ1 Nth
8.30am	Event 72	18 – 19yrs Long Jump	Boys	LJ2 Sth
8.30am	Event 73	18 – 19yrs Long Jump	Girls	LJ1 Nth

9.30am	Event 74	13 – 19yrs Javelin MC	Boys	J2 Nth
9.45am	Event 75	11yrs Discus	Boys	D1 Sth
9.45am	Event 76	11yrs Discus	Girls	D2 Nth
9.45am	Event 77	17yrs Javelin	Boys	J2 Nth
9.45am	Event 78	18 – 19yrs Javelin	Boys	J2 Nth
9.45am	Event 79	13yrs Long Jump	Boys	LJ2 Sth
9.45am	Event 80	13yrs Long Jump	Girls	LJ1 Nth

11:00am	Event 81	10 – 19yrs Discus MC	Boys	D1 Sth
11:00am	Event 82	10 – 19yrs Discus MC	Girls	D2 Nth
11:15am	Event 83	17yrs Discus	Boys	D1 Sth
11:15am	Event 84	17yrs Discus	Girls	D1 Sth
11:15am	Event 85	18 – 19yrs Discus	Boys	D2 Nth
11:15am	Event 86	18 – 19yrs Discus	Girls	D2 Nth
11:15am	Event 87	13yrs Javelin	Boys	J2 Nth
11:15am	Event 88	10yrs High Jump	Boys	HJ2 Sth
11:15am	Event 89	10yrs High Jump	Girls	HJ1 Nth
11:15am	Event 90	11yrs Long Jump	Boys	LJ2 Sth
11:15am	Event 91	11yrs Long Jump	Girls	LJ1 Nth
11:15am	Event 92	12yrs Shot Put	Boys	SP1
11:15am	Event 93	12yrs Shot Put	Girls	SP2

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Field Events: DAY 1 – Tuesday 1st September 2026

[MC] – Multi Class Event

12:15pm	Event 94	14yrs Discus	Boys	D1 Sth
12:15pm	Event 95	14yrs Javelin	Girls	J2 Nth
12:15pm	Event 96	16yrs Long Jump	Boys	LJ2 Sth
12:15pm	Event 97	16yrs Long Jump	Girls	LJ1 Nth
12:15pm	Event 98	10yrs Combined Event Shot Put	Boys	SP1
12:15pm	Event 99	11yrs Combined Event Shot Put	Boys	SP1
12:15pm	Event 100	12yrs Combined Event Shot Put	Boys	SP1
12:15pm	Event 101	10yrs Combined Event Shot Put	Girls	SP2
12:15pm	Event 102	11yrs Combined Event Shot Put	Girls	SP2
12:15pm	Event 103	12yrs Combined Event Shot Put	Girls	SP2

1.15pm	Event 104	13 – 19yrs Javelin MC	Girls	J2 Nth
1:30pm	Event 105	16yrs Javelin	Girls	J2 Nth
1:30pm	Event 106	17yrs Javelin	Girls	J2 Nth
1:30pm	Event 107	18 – 19yrs Javelin	Girls	J2 Nth
1:30pm	Event 108	16yrs Discus	Boys	D1 Sth
1:30pm	Event 109	14yrs Long Jump	Boys	LJ2 Sth
1:30pm	Event 110	14yrs Long Jump	Girls	LJ1 Nth
1:30pm	Event 111	15yrs Long Jump	Boys	LJ2 Sth
1:30pm	Event 112	15yrs Long Jump	Girls	LJ1 Nth
1:30pm	Event 113	10yrs Shot Put	Boys	SP1
1:30pm	Event 114	10yrs Shot Put	Girls	SP2

2:45pm	Event 115	15yrs Discus	Girls	D1 Sth
2:45pm	Event 116	15yrs Javelin	Boys	J2 Nth
2:45pm	Event 117	14yrs High Jump	Boys	HJ2 Sth
2:45pm	Event 118	14yrs High Jump	Girls	HJ1 Nth

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIAL 2026 PROGRAMME OF EVENTS

Track Events: DAY 2 – Wednesday 2nd September 2026

[MC] – Multi Class Event

800 METRE COMBINED EVENT

8:15am	Event 119	10yrs Combined Event 800m	Boys	Finals
8:15am	Event 120	10yrs Combined Event 800m	Girls	Finals
8:20am	Event 121	11yrs Combined Event 800m	Boys	Finals
8:20am	Event 122	11yrs Combined Event 800m	Girls	Finals
8:30am	Event 123	12yrs Combined Event 800m	Boys	Finals
8:30am	Event 124	12yrs Combined Event 800m	Girls	Finals

3000m/5000m

8:50am	Event 125	14 – 17yrs 3000m	Boys	Finals
9:10am	Event 126	14 – 17yrs 3000m	Girls	Finals
9:30am	Event 127	18 – 19yrs 5000m	Boys	Finals
9:50am	Event 128	18 – 19yrs 5000m	Girls	Finals

200 METRES

11:00am	Event 129	10 – 12yrs 200m MC	Boys	Finals
11:00am	Event 130	10 – 12yrs 200m MC	Girls	Finals
11:00am	Event 131	13 – 19yrs 200m MC	Boys	Finals
11:00am	Event 132	13 – 19yrs 200m MC	Girls	Finals
11:00am	Event 133	10yrs 200m	Boys	Finals
11:00am	Event 134	10yrs 200m	Girls	Finals
11:30am	Event 135	11yrs 200m	Boys	Finals
11:30am	Event 136	11yrs 200m	Girls	Finals
11:30am	Event 137	12yrs 200m	Boys	Finals
11:30am	Event 138	12yrs 200m	Girls	Finals
11:50am	Event 139	13yrs 200m	Boys	Finals
11:50am	Event 140	13yrs 200m	Girls	Finals
11:50am	Event 141	14yrs 200m	Boys	Finals
11:50am	Event 142	14yrs 200m	Girls	Finals
12:10pm	Event 143	15yrs 200m	Boys	Finals
12:10pm	Event 144	15yrs 200m	Girls	Finals
12:10pm	Event 145	16yrs 200m	Boys	Finals
12:10pm	Event 146	16yrs 200m	Girls	Finals
12:10pm	Event 147	17yrs 200m	Boys	Finals
12:10pm	Event 148	17yrs 200m	Girls	Finals
12:10pm	Event 149	18 – 19yrs 200m	Boys	Finals
12:10pm	Event 150	18 – 19yrs 200m	Girls	Finals

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIAL 2026 PROGRAMME OF EVENTS

Track Events: DAY 2 – Wednesday 2nd September 2026

[MC] – Multi Class Event

800 METRES

1:15pm	Event 151	10 – 12yrs 800m MC	Boys	Finals
1:15pm	Event 152	10 – 12yrs 800m MC	Girls	Finals
1:15pm	Event 153	13 – 19yrs 800m MC	Boys	Finals
1:15pm	Event 154	13 – 19yrs 800m MC	Girls	Finals
1:15pm	Event 155	10yrs 800m	Boys	Finals
1:15pm	Event 156	10yrs 800m	Girls	Finals
2:00pm	Event 157	11yrs 800m	Boys	Finals
2:00pm	Event 158	11yrs 800m	Girls	Finals
2:00pm	Event 159	12yrs 800m	Boys	Finals
2:00pm	Event 160	12yrs 800m	Girls	Finals
2:30pm	Event 161	13yrs 800m	Boys	Finals
2:30pm	Event 162	13yrs 800m	Girls	Finals
2:30pm	Event 163	14yrs 800m	Boys	Finals
2:30pm	Event 164	14yrs 800m	Girls	Finals
2:45pm	Event 165	15yrs 800m	Boys	Finals
2:45pm	Event 166	15yrs 800m	Girls	Finals
2:45pm	Event 167	16yrs 800m	Boys	Finals
2:45pm	Event 168	16yrs 800m	Girls	Finals
2:45pm	Event 169	17yrs 800m	Boys	Finals
2:45pm	Event 170	17yrs 800m	Girls	Finals
2:45pm	Event 171	18 – 19yrs 800m	Boys	Finals
2:45pm	Event 172	18 – 19yrs 800m	Girls	Finals

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIAL 2026 PROGRAMME OF EVENTS

Field Events: DAY 2 – Wednesday 2nd September 2026

[MC] – Multi Class Event

8:30am	Event 173	12yrs Discus	Boys	D1 Sth
8:30am	Event 174	12yrs Discus	Girls	D2 Nth
8:30am	Event 175	10yrs Long Jump	Boys	LJ2 Sth
8:30am	Event 176	10yrs Long Jump	Girls	LJ1 Nth
8:30am	Event 177	11yrs Shot Put	Boys	SP1
8:30am	Event 178	11yrs Shot Put	Girls	SP2
8:30am	Event 179	16yrs High Jump	Boys	HJ2 Sth
8:30am	Event 180	16yrs High Jump	Girls	HJ1 Nth

9:45am	Event 181	10yrs Discus	Boys	D1 Sth
9:45am	Event 182	10yrs Discus	Girls	D2 Nth
9:45am	Event 183	15yrs Shot Put	Boys	SP1
9:45am	Event 184	15yrs Shot Put	Girls	SP2
9:45am	Event 185	16yrs Triple Jump	Boys	TJ2 Sth
9:45am	Event 186	16yrs Triple Jump	Girls	TJ1 Nth
9:45am	Event 187	17yrs Triple Jump	Boys	TJ2 Sth
9:45am	Event 188	17yrs Triple Jump	Girls	TJ1 Nth
9:45am	Event 189	18 – 19yrs Triple Jump	Boys	TJ2 Sth
9:45am	Event 190	18 – 19yrs Triple Jump	Girls	TJ1 Nth

11:00am	Event 191	13yrs Discus	Boys	D1 Sth
11:00am	Event 192	17yrs High Jump	Boys	HJ2 Sth
11:00am	Event 193	17yrs High Jump	Girls	HJ1 Nth
11:00am	Event 194	18 – 19yrs High Jump	Boys	HJ2 Sth
11:00am	Event 195	18 – 19yrs High Jump	Girls	HJ1 Nth
11:00am	Event 196	13yrs Javelin	Girls	J2 Nth
11:00am	Event 197	14yrs Triple Jump	Boys	TJ2 Sth
11:00am	Event 198	14yrs Triple Jump	Girls	TJ1 Nth
11:00am	Event 199	15yrs Triple Jump	Boys	TJ2 Sth
11:00am	Event 200	15yrs Triple Jump	Girls	TJ1 Nth

12:15pm	Event 201	15yrs Discus	Boys	D1 Sth
12:15pm	Event 202	15yrs Javelin	Girls	J2 Nth
12:15pm	Event 203	16yrs Shot Put	Boys	SP1
12:15pm	Event 204	16yrs Shot Put	Girls	SP2
12:15pm	Event 205	13yrs Triple Jump	Boys	TJ2 Sth
12:15pm	Event 206	13yrs Triple Jump	Girls	TJ1 Nth
12:15pm	Event 207	11yrs High Jump	Boys	HJ2 Sth
12:15pm	Event 208	11yrs High Jump	Girls	HJ1 Nth

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIAL 2026 PROGRAMME OF EVENTS

Field Events: DAY 2 – Wednesday 2nd September 2026

[MC] – Multi Class Event

1.15pm	Event 209	10 – 19yrs Shot Put MC	Boys	SP1
1.15pm	Event 210	10 – 19yrs Shot Put MC	Girls	SP2
1.30pm	Event 211	14yrs Discus	Girls	D2 Nth
1.30pm	Event 212	13yrs High Jump	Boys	HJ2 Sth
1.30pm	Event 213	13yrs High Jump	Girls	HJ1 Nth
1.30pm	Event 214	14yrs Javelin	Boys	J2 Nth
1.30pm	Event 215	17yrs Shot Put	Boys	SP1
1.30pm	Event 216	17yrs Shot Put	Girls	SP2
1.30pm	Event 217	18 – 19yrs Shot Put	Boys	SP1
1.30pm	Event 218	18 – 19yrs Shot Put	Girls	SP2
1.30pm	Event 219	10yrs Combined Event Long Jump	Boys	LJ2 Sth
1.30pm	Event 220	11yrs Combined Event Long Jump	Boys	LJ2 Sth
1.30pm	Event 221	12yrs Combined Event Long Jump	Boys	LJ2 Sth
1.30pm	Event 222	10yrs Combined Event Long Jump	Girls	LJ1 Nth
1.30pm	Event 223	11yrs Combined Event Long Jump	Girls	LJ1 Nth
1.30pm	Event 224	12yrs Combined Event Long Jump	Girls	LJ1 Nth

2.45pm	Event 225	16yrs Discus	Girls	D2 Nth
2.45pm	Event 226	15yrs High Jump	Boys	HJ2 Sth
2.45pm	Event 227	15yrs High Jump	Girls	HJ1 Nth
2.45pm	Event 228	16yrs Javelin	Boys	J2 Nth
2.45pm	Event 229	13yrs Shot Put	Boys	SP1
2.45pm	Event 230	13yrs Shot Put	Girls	SP2
2.45pm	Event 231	12yrs Long Jump	Boys	LJ2 Sth
2.45pm	Event 232	12yrs Long Jump	Girls	LJ1 Nth