

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2024 PROGRAM OF EVENTS

TRACK EVENTS: DAY 1 – TUESDAY 27TH AUGUST 2024

[MC] – Multi Class Event

100 METRES

| | | | | |
|---------|----------|--------------------|-------|--------|
| 9:00am | Event 1 | 10yrs 100m | Boys | Finals |
| 9:00am | Event 2 | 10yrs 100m | Girls | Finals |
| 9:00am | Event 3 | 11yrs 100m | Boys | Finals |
| 9:00am | Event 4 | 11yrs 100m | Girls | Finals |
| 9:00am | Event 5 | 12yrs 100m | Boys | Finals |
| 9:00am | Event 6 | 12yrs 100m | Girls | Finals |
| 9:30am | Event 7 | 13yrs 100m | Boys | Finals |
| 9:30am | Event 8 | 13yrs 100m | Girls | Finals |
| 9:30am | Event 9 | 14yrs 100m | Boys | Finals |
| 9:30am | Event 10 | 14yrs 100m | Girls | Finals |
| 9.50am | Event 11 | 15yrs 100m | Boys | Finals |
| 9.50am | Event 12 | 15yrs 100m | Girls | Finals |
| 9.50am | Event 13 | 16yrs 100m | Boys | Finals |
| 9.50am | Event 14 | 16yrs 100m | Girls | Finals |
| 10:10am | Event 15 | 17yrs 100m | Boys | Finals |
| 10:10am | Event 16 | 17yrs 100m | Girls | Finals |
| 10:10am | Event 17 | 18 – 19yrs 100m | Boys | Finals |
| 10:10am | Event 18 | 18 – 19yrs 100m | Girls | Finals |
| 10:30am | Event 19 | 10 – 12yrs 100m MC | Boys | Finals |
| 10:30am | Event 20 | 10 – 12yrs 100m MC | Girls | Finals |
| 10:30am | Event 21 | 13 – 19yrs 100m MC | Boys | Finals |
| 10:30am | Event 22 | 13 – 19yrs 100m MC | Girls | Finals |

100 METRE COMBINED – EVENT

| | | | | |
|---------|----------|---------------------------|-------|--------|
| 11:15am | Event 23 | 10yrs Combined Event 100m | Boys | Finals |
| 11:15am | Event 24 | 10yrs Combined Event 100m | Girls | Finals |
| 11:15am | Event 25 | 11yrs Combined Event 100m | Boys | Finals |
| 11:15am | Event 26 | 11yrs Combined Event 100m | Girls | Finals |
| 11:15am | Event 27 | 12yrs Combined Event 100m | Boys | Finals |
| 11:15am | Event 28 | 12yrs Combined Event 100m | Girls | Finals |

400 METRES

| | | | | |
|---------|----------|--------------------|-------|--------|
| 11:30am | Event 29 | 13yrs 400m | Boys | Finals |
| 11:30am | Event 30 | 13yrs 400m | Girls | Finals |
| 11:30am | Event 31 | 14yrs 400m | Boys | Finals |
| 11:30am | Event 32 | 14yrs 400m | Girls | Finals |
| 11:50am | Event 33 | 15yrs 400m | Boys | Finals |
| 11:50am | Event 34 | 15yrs 400m | Girls | Finals |
| 11:50am | Event 35 | 16yrs 400m | Boys | Finals |
| 11:50am | Event 36 | 16yrs 400m | Girls | Finals |
| 12:05pm | Event 37 | 17yrs 400m | Boys | Finals |
| 12:05pm | Event 38 | 17yrs 400m | Girls | Finals |
| 12:05pm | Event 39 | 18 – 19yrs 400m | Boys | Finals |
| 12:05pm | Event 40 | 18 – 19yrs 400m | Girls | Finals |
| 12:30pm | Event 41 | 13 – 19yrs 400m MC | Boys | Finals |
| 12:30pm | Event 42 | 13 – 19yrs 400m MC | Girls | Finals |

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2024 PROGRAM OF EVENTS

TRACK EVENTS: DAY 1 – TUESDAY 27TH AUGUST 2024

[MC] – Multi Class Event

1500 METRES

| | | | | |
|--------|----------|---------------------|-------|--------|
| 1:00pm | Event 43 | 10yrs 1500m | Boys | Finals |
| 1:00pm | Event 44 | 10yrs 1500m | Girls | Finals |
| 1:00pm | Event 45 | 11yrs 1500m | Boys | Finals |
| 1:00pm | Event 46 | 11yrs 1500m | Girls | Finals |
| 1.30pm | Event 47 | 12yrs 1500m | Boys | Finals |
| 1.30pm | Event 48 | 12yrs 1500m | Girls | Finals |
| 1.30pm | Event 49 | 13yrs 1500m | Boys | Finals |
| 1.30pm | Event 50 | 13yrs 1500m | Girls | Finals |
| 2:00pm | Event 51 | 14yrs 1500m | Boys | Finals |
| 2:00pm | Event 52 | 14yrs 1500m | Girls | Finals |
| 2:00pm | Event 53 | 15yrs 1500m | Boys | Finals |
| 2:00pm | Event 54 | 15yrs 1500m | Girls | Finals |
| 2:30pm | Event 55 | 16yrs 1500m | Boys | Finals |
| 2:30pm | Event 56 | 16yrs 1500m | Girls | Finals |
| 2:30pm | Event 57 | 17yrs 1500m | Boys | Finals |
| 2:30pm | Event 58 | 17yrs 1500m | Girls | Finals |
| 2:30pm | Event 59 | 18 – 19yrs 1500m | Boys | Finals |
| 2:30pm | Event 60 | 18 – 19yrs 1500m | Girls | Finals |
| 2:30pm | Event 61 | 13 – 19yrs 1500m MC | Boys | Finals |
| 2:30pm | Event 62 | 13 – 19yrs 1500m MC | Girls | Finals |

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2024 PROGRAM OF EVENTS

FIELD EVENTS: DAY 1 – TUESDAY 27TH AUGUST 2024

[MC] – Multi Class Event

| | | | | |
|---------|-----------|-------------------------------|-------|---------|
| 8.30am | Event 63 | 13yrs Discus | Girls | D2 Nth |
| 8.30am | Event 64 | 12yrs High Jump | Boys | HJ2 Sth |
| 8.30am | Event 65 | 12yrs High Jump | Girls | HJ1 Nth |
| 8.30am | Event 66 | 14yrs Shot Put | Boys | SP1 |
| 8.30am | Event 67 | 14yrs Shot Put | Girls | SP2 |
| 8.30am | Event 68 | 16yrs Long Jump | Boys | LJ2 Sth |
| 8.30am | Event 69 | 16yrs Long Jump | Girls | LJ1 Nth |
| 8.30am | Event 70 | 17yrs Long Jump | Boys | LJ2 Sth |
| 8.30am | Event 71 | 17yrs Long Jump | Girls | LJ1 Nth |
| 8.30am | Event 72 | 18 – 19yrs Long Jump | Boys | LJ2 Sth |
| 8.30am | Event 73A | 16 – 19yrs Long Jump MC | Boys | LJ2 Sth |
| 8.30am | Event 74 | 18 – 19yrs Long Jump | Girls | LJ1 Nth |
| 8.30am | Event 75A | 16 – 19yrs Long Jump MC | Girls | LJ1 Nth |
| | | | | |
| 9.45am | Event 76 | 11yrs Discus | Boys | D1 Sth |
| 9.45am | Event 77A | 10-12yrs Discus MC | Boys | D1 Sth |
| 9.45am | Event 78 | 11yrs Discus | Girls | D2 Nth |
| 9.45am | Event 79A | 10-12yrs Discus MC | Girls | D2 Nth |
| 9.45am | Event 80 | 17yrs Javelin | Boys | J2 Nth |
| 9.45am | Event 81 | 18 – 19yrs Javelin | Boys | J2 Nth |
| 9.45am | Event 82A | 16 – 19yrs Javelin MC | Boys | J2 Nth |
| 9.45am | Event 83 | 13yrs Long Jump | Boys | LJ2 Sth |
| 9.45am | Event 84 | 13yrs Long Jump | Girls | LJ1 Nth |
| | | | | |
| 11.00am | Event 85 | 17yrs Discus | Boys | D1 Sth |
| 11.00am | Event 86 | 17yrs Discus | Girls | D2 Nth |
| 11.00am | Event 87 | 18 – 19yrs Discus | Boys | D1 Sth |
| 11.00am | Event 88A | 16 – 19yrs Discus MC | Boys | D1 Sth |
| 11.00am | Event 89 | 18 – 19yrs Discus | Girls | D2 Nth |
| 11.00am | Event 90A | 16 – 19yrs Discus MC | Girls | D2 Nth |
| 11.00am | Event 91 | 13yrs Javelin | Boys | J2 Nth |
| 11.00am | Event 92 | 10yrs High Jump | Boys | HJ2 Sth |
| 11.00am | Event 93 | 10yrs High Jump | Girls | HJ1 Nth |
| 11.00am | Event 94 | 11yrs Long Jump | Boys | LJ2 Sth |
| 11.00am | Event 95 | 11yrs Long Jump | Girls | LJ1 Nth |
| 11.00am | Event 96 | 12yrs Shot Put | Boys | SP1 |
| 11.00am | Event 97 | 12yrs Shot Put | Girls | SP2 |
| | | | | |
| 12.15am | Event 98 | 14yrs Discus | Boys | D1 Sth |
| 12.15am | Event 99 | 14yrs Javelin | Girls | J2 Nth |
| 12.15am | Event 100 | 10yrs Combined Event Shot Put | Boys | SP1 |
| 12.15am | Event 101 | 11yrs Combined Event Shot Put | Boys | SP1 |
| 12.15am | Event 102 | 12yrs Combined Event Shot Put | Boys | SP1 |
| 12.15am | Event 103 | 10yrs Combined Event Shot Put | Girls | SP2 |
| 12.15am | Event 104 | 11yrs Combined Event Shot Put | Girls | SP2 |
| 12.15am | Event 105 | 12yrs Combined Event Shot Put | Girls | SP2 |

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2024 PROGRAM OF EVENTS

FIELD EVENTS: DAY 1 TUESDAY 27TH AUGUST 2024

[MC] – Multi Class Event

| | | | | |
|--------|------------|-------------------------|-------|---------|
| 1.30pm | Event 106 | 16yrs Discus | Boys | D1 Sth |
| 1.30pm | Event 107 | 16yrs Javelin | Girls | J2 Nth |
| 1.30pm | Event 108 | 17yrs Javelin | Girls | J2 Nth |
| 1.30pm | Event 109 | 18 – 19yrs Javelin | Girls | J2 Nth |
| 1.30pm | Event 110A | 16 – 19yrs Javelin MC | Girls | J2 Nth |
| 1.30pm | Event 111 | 14yrs Long Jump | Boys | LJ2 Sth |
| 1.30pm | Event 112 | 14yrs Long Jump | Girls | LJ1 Nth |
| 1.30pm | Event 113 | 15yrs Long Jump | Boys | LJ2 Sth |
| 1.30pm | Event 114A | 13 – 15yrs Long Jump MC | Boys | LJ2 Sth |
| 1.30pm | Event 115 | 15yrs Long Jump | Girls | LJ1 Nth |
| 1.30pm | Event 116A | 13 – 15yrs Long Jump MC | Girls | LJ1 Nth |
| 1.30pm | Event 117 | 10yrs Shot Put | Boys | SP1 |
| 1.30pm | Event 118A | 10 – 12yrs Shot Put MC | Boys | SP1 |
| 1.30pm | Event 119 | 10yrs Shot Put | Girls | SP2 |
| 1.30pm | Event 120A | 10 – 12yrs Shot Put MC | Girls | SP2 |
| 2.45pm | Event 121 | 15yrs Discus | Girls | D1 Sth |
| 2.45pm | Event 122A | 13 – 15yrs Discus MC | Girls | D1 Sth |
| 2.45pm | Event 123 | 15yrs Javelin | Boys | J2 Nth |
| 2.45pm | Event 124A | 13 – 15yrs Javelin MC | Boys | J2 Nth |
| 2.45pm | Event 125 | 14yrs High Jump | Boys | HJ2 Sth |
| 2.45pm | Event 126 | 14yrs High Jump | Girls | HJ1 Nth |

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2024 PROGRAM OF EVENTS

TRACK EVENTS: DAY 2 – WEDNESDAY 28th AUGUST 2024

[MC] – Multi Class Event

800 METRES

| | | | | |
|---------|-----------|--------------------|-------|--------|
| 9:00am | Event 127 | 10yrs 800m | Boys | Finals |
| 9:00am | Event 128 | 10yrs 800m | Girls | Finals |
| 9:00am | Event 129 | 11yrs 800m | Boys | Finals |
| 9:00am | Event 130 | 11yrs 800m | Girls | Finals |
| 9:15am | Event 131 | 12yrs 800m | Boys | Finals |
| 9:15am | Event 132 | 12yrs 800m | Girls | Finals |
| 9:15am | Event 133 | 13yrs 800m | Boys | Finals |
| 9:15am | Event 134 | 13yrs 800m | Girls | Finals |
| 9:30am | Event 135 | 14yrs 800m | Boys | Finals |
| 9:30am | Event 136 | 14yrs 800m | Girls | Finals |
| 9:30am | Event 137 | 15yrs 800m | Boys | Finals |
| 9:30am | Event 138 | 15yrs 800m | Girls | Finals |
| 9:45am | Event 139 | 16yrs 800m | Boys | Finals |
| 9:45am | Event 140 | 16yrs 800m | Girls | Finals |
| 9:45am | Event 141 | 17yrs 800m | Boys | Finals |
| 9:45am | Event 142 | 17yrs 800m | Girls | Finals |
| 10:00am | Event 143 | 18 – 19yrs 800m | Boys | Finals |
| 10:00am | Event 144 | 18 – 19yrs 800m | Girls | Finals |
| 10:15am | Event 145 | 10 – 12yrs 800m MC | Boys | Finals |
| 10:15am | Event 146 | 10 – 12yrs 800m MC | Girls | Finals |
| 10:15am | Event 147 | 13 – 19yrs 800m MC | Boys | Finals |
| 10:15am | Event 148 | 13 – 19yrs 800m MC | Girls | Finals |

800 METRE COMBINED EVENT

| | | | | |
|---------|-----------|---------------------------|-------|--------|
| 10:30am | Event 149 | 10yrs Combined Event 800m | Boys | Finals |
| 10:30am | Event 150 | 10yrs Combined Event 800m | Girls | Finals |
| 10:30pm | Event 151 | 11yrs Combined Event 800m | Boys | Finals |
| 10:45am | Event 152 | 11yrs Combined Event 800m | Girls | Finals |
| 10:45am | Event 153 | 12yrs Combined Event 800m | Boys | Finals |
| 10:45am | Event 154 | 12yrs Combined Event 800m | Girls | Finals |

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2024 PROGRAM OF EVENTS

TRACK EVENTS: DAY 2 – WEDNESDAY 28th AUGUST 2024

[MC] – Multi Class Event

200 METRES

| | | | | |
|---------|-----------|--------------------|-------|--------|
| 11:30am | Event 155 | 10yrs 200m | Boys | Finals |
| 11:30am | Event 156 | 10yrs 200m | Girls | Finals |
| 11:30am | Event 157 | 11yrs 200m | Boys | Finals |
| 11:30am | Event 158 | 11yrs 200m | Girls | Finals |
| 11:45am | Event 159 | 12yrs 200m | Boys | Finals |
| 11:45am | Event 160 | 12yrs 200m | Girls | Finals |
| 11:45am | Event 161 | 13yrs 200m | Boys | Finals |
| 11:45am | Event 162 | 13yrs 200m | Girls | Finals |
| 12:00pm | Event 163 | 14yrs 200m | Boys | Finals |
| 12:00pm | Event 164 | 14yrs 200m | Girls | Finals |
| 12:00pm | Event 165 | 15yrs 200m | Boys | Finals |
| 12:00pm | Event 166 | 15yrs 200m | Girls | Finals |
| 12:15pm | Event 167 | 16yrs 200m | Boys | Finals |
| 12:15pm | Event 168 | 16yrs 200m | Girls | Finals |
| 12:15pm | Event 169 | 17yrs 200m | Boys | Finals |
| 12:15pm | Event 170 | 17yrs 200m | Girls | Finals |
| 12:30pm | Event 171 | 18 – 19yrs 200m | Boys | Finals |
| 12:30pm | Event 172 | 18 – 19yrs 200m | Girls | Finals |
| 12:45pm | Event 173 | 10 – 12yrs 200m MC | Boys | Finals |
| 12:45pm | Event 174 | 10 – 12yrs 200m MC | Girls | Finals |
| 1.00pm | Event 175 | 13 – 19yrs 200m MC | Boys | Finals |
| 1.00pm | Event 176 | 13 – 19yrs 200m MC | Girls | Finals |

3000 & 5000 METRE EVENT

| | | | | |
|--------|-----------|------------------|-------|--------|
| 2:00pm | Event 178 | 14 - 17yrs 3000m | Boys | Finals |
| 2:00pm | Event 179 | 14 - 17yrs 3000m | Girls | Finals |
| 2:15pm | Event 180 | 18 - 19yrs 5000m | Boys | Finals |
| 2:15pm | Event 181 | 18 - 19yrs 5000m | Girls | Finals |

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2024 PROGRAM OF EVENTS

[MC] – Multi Class Event

FIELD EVENTS: DAY 2 – WEDNESDAY 28th AUGUST 2024

| | | | | |
|---------|------------|-------------------------|-------|---------|
| 8:30am | Event 182 | 12yrs Discus | Boys | D1 Sth |
| 8:30am | Event 183 | 12yrs Discus | Girls | D2 Nth |
| 8:30am | Event 184 | 10yrs Long Jump | Boys | LJ2 Sth |
| 8:30am | Event 185A | 10 – 12yrs Long Jump MC | Boys | LJ2 Sth |
| 8:30am | Event 186 | 10yrs Long Jump | Girls | LJ1 Nth |
| 8:30am | Event 187A | 10 – 12yrs Long Jump MC | Girls | LJ1 Nth |
| 8:30am | Event 188 | 11yrs Shot Put | Boys | SP1 |
| 8:30am | Event 189 | 11yrs Shot Put | Girls | SP2 |
| 8:30am | Event 190 | 16yrs High Jump | Boys | HJ2 Sth |
| 8:30am | Event 191 | 16yrs High Jump | Girls | HJ1 Nth |
| 9:45am | Event 192 | 10yrs Discus | Boys | D1 Sth |
| 9:45am | Event 193 | 10yrs Discus | Girls | D2 Nth |
| 9:45am | Event 194 | 15yrs Shot Put | Boys | SP1 |
| 9:45am | Event 195A | 13 – 15yrs Shot Put MC | Boys | SP1 |
| 9:45am | Event 196 | 15yrs Shot Put | Girls | SP2 |
| 9:45am | Event 197A | 13 – 15yrs Shot Put MC | Girls | SP2 |
| 9:45am | Event 198 | 16yrs Triple Jump | Boys | TJ2 Sth |
| 9:45am | Event 199 | 16yrs Triple Jump | Girls | TJ1 Nth |
| 9:45am | Event 200 | 17yrs Triple Jump | Boys | TJ2 Sth |
| 9:45am | Event 201 | 17yrs Triple Jump | Girls | TJ1 Nth |
| 9:45am | Event 202 | 18 – 19yrs Triple Jump | Boys | TJ2 Sth |
| 9:45am | Event 203 | 18 – 19yrs Triple Jump | Girls | TJ1 Nth |
| 11:00am | Event 204 | 13yrs Discus | Boys | D1 Sth |
| 11:00am | Event 205 | 17yrs High Jump | Boys | HJ2 Sth |
| 11:00am | Event 206 | 17yrs High Jump | Girls | HJ1 Nth |
| 11:00am | Event 207 | 18 – 19yrs High Jump | Boys | HJ2 Sth |
| 11:00am | Event 208 | 18 – 19yrs High Jump | Girls | HJ1 Nth |
| 11:00am | Event 209 | 13yrs Javelin | Girls | J1 Nth |
| 11:00am | Event 210 | 14yrs Triple Jump | Boys | TJ2 Sth |
| 11:00am | Event 211 | 14yrs Triple Jump | Girls | TJ1 Nth |
| 11:00am | Event 212 | 15yrs Triple Jump | Boys | TJ2 Sth |
| 11:00am | Event 213 | 15yrs Triple Jump | Girls | TJ1 Nth |
| 12:15pm | Event 214 | 15yrs Discus | Boys | D1 Sth |
| 12:15pm | Event 215A | 13 – 15yrs Discus MC | Boys | D1 Sth |
| 12:15pm | Event 216 | 15yrs Javelin | Girls | J2 Nth |
| 12:15pm | Event 217A | 13 – 15yrs Javelin MC | Girls | J2 Nth |
| 12:15pm | Event 218 | 16yrs Shot Put | Boys | SP1 |
| 12:15pm | Event 219 | 16yrs Shot Put | Girls | SP2 |
| 12:15pm | Event 220 | 13yrs Triple Jump | Boys | TJ2 Sth |
| 12:15pm | Event 221 | 13yrs Triple Jump | Girls | TJ1 Nth |
| 12:15pm | Event 222 | 11yrs High Jump | Boys | HJ2 Sth |
| 12:15pm | Event 223 | 11yrs High Jump | Girls | HJ1 Nth |

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2024 PROGRAM OF EVENTS

[MC] – Multi Class Event

FIELD EVENTS: DAY 2 – WEDNESDAY 28th AUGUST 2024

| | | | | |
|--------|------------|--------------------------------|-------|---------|
| 1:30pm | Event 224 | 14yrs Discus | Girls | D1 Sth |
| 1:30pm | Event 225 | 13yrs High Jump | Boys | HJ2 Sth |
| 1:30pm | Event 226 | 13yrs High Jump | Girls | HJ1 Nth |
| 1:30pm | Event 227 | 14yrs Javelin | Boys | J2 Nth |
| 1:30pm | Event 228 | 17yrs Shot Put | Boys | SP1 |
| 1:30pm | Event 229 | 17yrs Shot Put | Girls | SP2 |
| 1:30pm | Event 230 | 18 – 19yrs Shot Put | Boys | SP1 |
| 1:30pm | Event 231A | 16 – 19yrs Shot Put MC | Boys | SP1 |
| 1:30pm | Event 232 | 18 – 19yrs Shot Put | Girls | SP2 |
| 1:30pm | Event 233A | 16 – 19yrs Shot Put MC | Girls | SP2 |
| 1:30pm | Event 234 | 10yrs Combined Event Long Jump | Boys | LJ2 Sth |
| 1:30pm | Event 235 | 10yrs Combined Event Long Jump | Girls | LJ1 Nth |
| 1:30pm | Event 236 | 11yrs Combined Event Long Jump | Boys | LJ2 Sth |
| | | | | |
| 1:30pm | Event 237 | 11yrs Combined Event Long Jump | Girls | LJ1 Nth |
| 1:30pm | Event 238 | 12yrs Combined Event Long Jump | Boys | LJ2 Sth |
| 1:30pm | Event 239 | 12yrs Combined Event Long Jump | Girls | LJ1 Nth |
| | | | | |
| 2:45pm | Event 240 | 16yrs Discus | Girls | D1 Sth |
| 2:45pm | Event 241 | 15yrs High Jump | Boys | HJ2 Sth |
| 2:45pm | Event 242 | 15yrs High Jump | Girls | HJ1 Nth |
| 2:45pm | Event 243 | 16yrs Javelin | Boys | J2 Nth |
| 2:45pm | Event 244 | 13yrs Shot Put | Boys | SP1 |
| 2:45pm | Event 245 | 13yrs Shot Put | Girls | SP2 |
| 2:45pm | Event 246 | 12yrs Long Jump | Boys | LJ2 Sth |
| 2:45pm | Event 247 | 12yrs Long Jump | Girls | LJ1 Nth |