

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2023 PROGRAM OF EVENTS

TRACK EVENTS: DAY 1 – TUESDAY 29 AUGUST 2023

[MC] – Multi Class Event

100 METRES

9:00am	Event 1	10yrs 100m	Boys	Heats
9:00am	Event 2	10yrs 100m	Girls	Heats
9:00am	Event 3	11yrs 100m	Boys	Heats
9:00am	Event 4	11yrs 100m	Girls	Heats
9:00am	Event 5	12yrs 100m	Boys	Heats
9:00am	Event 6	12yrs 100m	Girls	Heats
9:30am	Event 7	13yrs 100m	Boys	Heats
9:30am	Event 8	13yrs 100m	Girls	Heats
9:30am	Event 9	14yrs 100m	Boys	Heats
9:30am	Event 10	14yrs 100m	Girls	Heats
9.50am	Event 11	15yrs 100m	Boys	Heats
9.50am	Event 12	15yrs 100m	Girls	Heats
9.50am	Event 13	16yrs 100m	Boys	Heats
9.50am	Event 14	16yrs 100m	Girls	Heats
10:10am	Event 15	17yrs 100m	Boys	Heats
10:10am	Event 16	17yrs 100m	Girls	Heats
10:10am	Event 17	18 – 19yrs 100m	Boys	Heats
10:10am	Event 18	18 – 19yrs 100m	Girls	Heats
10:30am	Event 19	10 – 12yrs 100m MC	Boys	Finals
10:30am	Event 20	10 – 12yrs 100m MC	Girls	Finals
10:30am	Event 21	13 – 19yrs 100m MC	Boys	Finals
10:30am	Event 22	13 – 19yrs 100m MC	Girls	Finals

100 METRE COMBINED – EVENT

11:15am	Event 23	10yrs Combined Event 100m	Boys	Finals
11:15am	Event 24	10yrs Combined Event 100m	Girls	Finals
11:15am	Event 25	11yrs Combined Event 100m	Boys	Finals
11:15am	Event 26	11yrs Combined Event 100m	Girls	Finals
11:15am	Event 27	12yrs Combined Event 100m	Boys	Finals
11:15am	Event 28	12yrs Combined Event 100m	Girls	Finals

400 METRES

11:30am	Event 29	13yrs 400m	Boys	Finals
11:30am	Event 30	13yrs 400m	Girls	Finals
11:30am	Event 31	14yrs 400m	Boys	Finals
11:30am	Event 32	14yrs 400m	Girls	Finals
11:50am	Event 33	15yrs 400m	Boys	Finals
11:50am	Event 34	15yrs 400m	Girls	Finals
11:50am	Event 35	16yrs 400m	Boys	Finals
11:50am	Event 36	16yrs 400m	Girls	Finals
12:05pm	Event 37	17yrs 400m	Boys	Finals
12:05pm	Event 38	17yrs 400m	Girls	Finals
12:05pm	Event 39	18 – 19yrs 400m	Boys	Finals
12:05pm	Event 40	18 – 19yrs 400m	Girls	Finals
12:30pm	Event 41	13 – 19yrs 400m MC	Boys	Finals
12:30pm	Event 42	13 – 19yrs 400m MC	Girls	Finals

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[MC] – Multi Class Event

100 METRES

1:00pm	Event 43	10yrs 100m	Boys	Finals
1:00pm	Event 44	10yrs 100m	Girls	Finals
1:00pm	Event 45	11yrs 100m	Boys	Finals
1:00pm	Event 46	11yrs 100m	Girls	Finals
1:00pm	Event 47	12yrs 100m	Boys	Finals
1:00pm	Event 48	12yrs 100m	Girls	Finals
1:00pm	Event 49	13yrs 100m	Boys	Finals
1:00pm	Event 50	13yrs 100m	Girls	Finals
1:15pm	Event 51	14yrs 100m	Boys	Finals
1:15pm	Event 52	14yrs 100m	Girls	Finals
1:15pm	Event 53	15yrs 100m	Boys	Finals
1:15pm	Event 54	15yrs 100m	Girls	Finals
1:15pm	Event 55	16yrs 100m	Boys	Finals
1:15pm	Event 56	16yrs 100m	Girls	Finals
1:15pm	Event 57	17yrs 100m	Boys	Finals
1:15pm	Event 58	17yrs 100m	Girls	Finals
1:15pm	Event 59	18 – 19yrs 100m	Boys	Finals
1:15pm	Event 60	18 – 19yrs 100m	Girls	Finals

1500 METRES

1:30pm	Event 61	10yrs 1500m	Boys	Finals
1:30pm	Event 62	10yrs 1500m	Girls	Finals
1:30pm	Event 63	11yrs 1500m	Boys	Finals
1:30pm	Event 64	11yrs 1500m	Girls	Finals
2:00pm	Event 65	12yrs 1500m	Boys	Finals
2:00pm	Event 66	12yrs 1500m	Girls	Finals
2:00pm	Event 67	13yrs 1500m	Boys	Finals
2:00pm	Event 68	13yrs 1500m	Girls	Finals
2:30pm	Event 69	14yrs 1500m	Boys	Finals
2:30pm	Event 70	14yrs 1500m	Girls	Finals
2:30pm	Event 71	15yrs 1500m	Boys	Finals
2:30pm	Event 72	15yrs 1500m	Girls	Finals
3:00pm	Event 73	16yrs 1500m	Boys	Finals
3:00pm	Event 74	16yrs 1500m	Girls	Finals
3:00pm	Event 75	17yrs 1500m	Boys	Finals
3:00pm	Event 76	17yrs 1500m	Girls	Finals
3:00pm	Event 77	18 – 19yrs 1500m	Boys	Finals
3:00pm	Event 78	18 – 19yrs 1500m	Girls	Finals
3:00pm	Event 79	13 – 19yrs 1500m MC	Boys	Finals
3:00pm	Event 80	13 – 19yrs 1500m MC	Girls	Finals

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2023 PROGRAM OF EVENTS

FIELD EVENTS: DAY 1 – TUESDAY 29 AUGUST 2023

[MC] – Multi Class Event

8:30am	Event 81	13yrs Discus	Girls	D2 Nth
8:30am	Event 82	12yrs High Jump	Boys	HJ2 Sth
8:30am	Event 83	12yrs High Jump	Girls	HJ1 Nth
8:30am	Event 84	14yrs Shot Put	Boys	SP1
8:30am	Event 85	14yrs Shot Put	Girls	SP2
8:30am	Event 86	16yrs Long Jump	Boys	LJ2 Sth
8:30am	Event 87	16yrs Long Jump	Girls	LJ1 Nth
8:30am	Event 88	17yrs Long Jump	Boys	LJ2 Sth
8:30am	Event 89	17yrs Long Jump	Girls	LJ1 Nth
8:30am	Event 90	18 – 19yrs Long Jump	Boys	LJ2 Sth
8:30am	Event 90A	16 – 19yrs Long Jump MC	Boys	LJ2 Sth
8:30am	Event 91	18 – 19yrs Long Jump	Girls	LJ1 Nth
8.30am	Event 91A	16 – 19yrs Long Jump MC	Girls	LJ1 Nth
9:45am	Event 92	11yrs Discus	Boys	D1 Sth
9:45am	Event 92A	10-12yrs Discus MC	Boys	D1 Sth
9:45am	Event 93	11yrs Discus	Girls	D2 Nth
9:45am	Event 93A	10-12yrs Discus MC	Girls	D2 Nth
9:45am	Event 94	17yrs Javelin	Boys	J2 Nth
9:45am	Event 95	18 – 19yrs Javelin	Boys	J2 Nth
9:45am	Event 95A	16 – 19yrs Javelin MC	Boys	J2 Nth
9:45am	Event 96	13yrs Long Jump	Boys	LJ2 Sth
9:45am	Event 97	13yrs Long Jump	Girls	LJ1 Nth
11:00am	Event 98	17yrs Discus	Boys	D1 Sth
11:00am	Event 99	17yrs Discus	Girls	D2 Nth
11:00am	Event 100	18 – 19yrs Discus	Boys	D1 Sth
11:00am	Event 100A	16 – 19yrs Discus MC	Boys	D1 Sth
11:00am	Event 101	18 – 19yrs Discus	Girls	D2 Nth
11:00am	Event 101A	16 – 19yrs Discus MC	Girls	D2 Nth
11:00am	Event 102	13yrs Javelin	Boys	J2 Nth
11:00am	Event 103	10yrs High Jump	Boys	HJ2 Sth
11:00am	Event 104	10yrs High Jump	Girls	HJ1 Nth
11:00am	Event 105	11yrs Long Jump	Boys	LJ2 Sth
11:00am	Event 106	11yrs Long Jump	Girls	LJ1 Nth
11:00am	Event 107	12yrs Shot Put	Boys	SP1
11:00am	Event 108	12yrs Shot Put	Girls	SP2
12:15pm	Event 109	14yrs Discus	Boys	D1 Sth
12:15pm	Event 110	14yrs Javelin	Girls	J2 Nth
12:15pm	Event 111	10yrs Combined Event Shot Put	Boys	SP1
12:15pm	Event 112	11yrs Combined Event Shot Put	Boys	SP1
12:15pm	Event 113	12yrs Combined Event Shot Put	Boys	SP1
12:15pm	Event 114	10yrs Combined Event Shot Put	Girls	SP2
12:15pm	Event 115	11yrs Combined Event Shot Put	Girls	SP2
12:15pm	Event 116	12yrs Combined Event Shot Put	Girls	SP2
1:30pm	Event 117	16yrs Discus	Boys	D1 Sth
1:30pm	Event 118	16yrs Javelin	Girls	J2 Nth
1:30pm	Event 119	17yrs Javelin	Girls	J2 Nth
1:30pm	Event 120	18 – 19yrs Javelin	Girls	J2 Nth
1:30pm	Event 120A	16 – 19yrs Javelin MC	Girls	J2 Nth
1:30pm	Event 121	14yrs Long Jump	Boys	LJ2 Sth
1:30pm	Event 122	14yrs Long Jump	Girls	LJ1 Nth
1:30pm	Event 123	15yrs Long Jump	Boys	LJ2 Sth
1:30pm	Event 123A	13 – 15yrs Long Jump MC	Boys	LJ2 Sth

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2023 PROGRAM OF EVENTS

1:30pm	Event 124	15yrs Long Jump	Girls	LJ1 Nth
1:30pm	Event 124A	13 – 15yrs Long Jump MC	Girls	LJ1 Nth
1:30pm	Event 125	10yrs Shot Put	Boys	SP1
1:30pm	Event 125A	10 – 12yrs Shot Put MC	Boys	SP1
1:30pm	Event 126	10yrs Shot Put	Girls	SP2
1:30pm	Event 126A	10 – 12yrs Shot Put MC	Girls	SP2
2:45pm	Event 127	15yrs Discus	Girls	D1 Sth
2:45pm	Event 127A	13 – 15yrs Discus MC	Girls	D1 Sth
2:45pm	Event 128	15yrs Javelin	Boys	J2 Nth
2:45pm	Event 128A	13 – 15yrs Javelin MC	Boys	J2 Nth
2:45pm	Event 129	14yrs High Jump	Boys	HJ2 Sth
2:45pm	Event 130	14yrs High Jump	Girls	HJ1 Nth

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2023 PROGRAM OF EVENTS

TRACK EVENTS: DAY 2 – WEDNESDAY 30 AUGUST 2023

[MC] – Multi Class Event

200 METRES

9:00am	Event 131	10yrs 200m	Boys	Heats
9:00am	Event 132	10yrs 200m	Girls	Heats
9:00am	Event 133	11yrs 200m	Boys	Heats
9:00am	Event 134	11yrs 200m	Girls	Heats
9:15am	Event 135	12yrs 200m	Boys	Heats
9:15am	Event 136	12yrs 200m	Girls	Heats
9:15am	Event 137	13yrs 200m	Boys	Heats
9:15am	Event 138	13yrs 200m	Girls	Heats
9:30am	Event 139	14yrs 200m	Boys	Heats
9:30am	Event 140	14yrs 200m	Girls	Heats
9:30am	Event 141	15yrs 200m	Boys	Heats
9:30am	Event 142	15yrs 200m	Girls	Heats
9:45am	Event 143	16yrs 200m	Boys	Heats
9:45am	Event 144	16yrs 200m	Girls	Heats
9:45am	Event 145	17yrs 200m	Boys	Heats
9:45am	Event 146	17yrs 200m	Girls	Heats
10:00am	Event 147	18 – 19yrs 200m	Boys	Heats
10:00am	Event 148	18 – 19yrs 200m	Girls	Heats
10:15am	Event 149	10 – 12yrs 200m MC	Boys	Finals
10:15am	Event 150	10 – 12yrs 200m MC	Girls	Finals
10:30am	Event 151	13 – 19yrs 200m MC	Boys	Finals
10:30am	Event 152	13 – 19yrs 200m MC	Girls	Finals

800 METRES

10:45am	Event 153	10yrs 800m	Boys	Finals
10:45am	Event 154	10yrs 800m	Girls	Finals
10:45am	Event 155	11yrs 800m	Boys	Finals
10:45am	Event 156	11yrs 800m	Girls	Finals
11:00am	Event 157	12yrs 800m	Boys	Finals
11:00am	Event 158	12yrs 800m	Girls	Finals
11:00am	Event 159	13yrs 800m	Boys	Finals
11:00am	Event 160	13yrs 800m	Girls	Finals
11:30am	Event 161	14yrs 800m	Boys	Finals
11:30am	Event 162	14yrs 800m	Girls	Finals
11:30am	Event 163	15yrs 800m	Boys	Finals
11:30am	Event 164	15yrs 800m	Girls	Finals
11:45am	Event 165	16yrs 800m	Boys	Finals
11:45am	Event 166	16yrs 800m	Girls	Finals
11:45am	Event 167	17yrs 800m	Boys	Finals
11:45am	Event 168	17yrs 800m	Girls	Finals
12:00pm	Event 169	18 – 19yrs 800m	Boys	Finals
12:00pm	Event 170	18 – 19yrs 800m	Girls	Finals
12:15pm	Event 171	10 – 12yrs 800m MC	Boys	Finals
12:15pm	Event 172	10 – 12yrs 800m MC	Girls	Finals
12:15pm	Event 173	13 – 19yrs 800m MC	Boys	Finals
12:15pm	Event 174	13 – 19yrs 800m MC	Girls	Finals

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2023 PROGRAM OF EVENTS

TRACK EVENTS: DAY 2 – WEDNESDAY 30 AUGUST 2023

[MC] – Multi Class Event

200 METRES

1:15pm	Event 175	10yrs 200m	Boys	Finals
1:15pm	Event 176	10yrs 200m	Girls	Finals
1:15pm	Event 177	11yrs 200m	Boys	Finals
1:15pm	Event 178	11yrs 200m	Girls	Finals
1:30pm	Event 179	12yrs 200m	Boys	Finals
1:30pm	Event 180	12yrs 200m	Girls	Finals
1:30pm	Event 181	13yrs 200m	Boys	Finals
1:30pm	Event 182	13yrs 200m	Girls	Finals
1:30pm	Event 183	14yrs 200m	Boys	Finals
1:30pm	Event 184	14yrs 200m	Girls	Finals
1:45pm	Event 185	15yrs 200m	Boys	Finals
1:45pm	Event 186	15yrs 200m	Girls	Finals
1:45pm	Event 187	16yrs 200m	Boys	Finals
1:45pm	Event 188	16yrs 200m	Girls	Finals
1:45pm	Event 189	17yrs 200m	Boys	Finals
1:45pm	Event 190	17yrs 200m	Girls	Finals
2.00pm	Event 191	18 – 19yrs 200m	Boys	Finals
2.00pm	Event 192	18 – 19yrs 200m	Girls	Finals

800 METRE COMBINED EVENT

2:15pm	Event 193	10yrs Combined Event 800m	Boys	Finals
2:15pm	Event 194	10yrs Combined Event 800m	Girls	Finals
2:15pm	Event 195	11yrs Combined Event 800m	Boys	Finals
2:15pm	Event 196	11yrs Combined Event 800m	Girls	Finals
2:15pm	Event 197	12yrs Combined Event 800m	Boys	Finals
2:15pm	Event 198	12yrs Combined Event 800m	Girls	Finals

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2023 PROGRAM OF EVENTS

FIELD EVENTS: DAY 2 – WEDNESDAY 30 AUGUST 2023

8:30am	Event 199	12yrs Discus	Boys	D1 Sth
8:30am	Event 200	12yrs Discus	Girls	D2 Nth
8:30am	Event 201	10yrs Long Jump	Boys	LJ2 Sth
8:30am	Event 201A	10 – 12yrs Long Jump MC	Boys	LJ2 Sth
8:30am	Event 202	10yrs Long Jump	Girls	LJ1 Nth
8:30am	Event 202A	10 – 12yrs Long Jump MC	Girls	LJ1 Nth
8:30am	Event 203	11yrs Shot Put	Boys	SP1
8:30am	Event 204	11yrs Shot Put	Girls	SP2
8:30am	Event 205	16yrs High Jump	Boys	HJ2 Sth
8:30am	Event 206	16yrs High Jump	Girls	HJ1 Nth
9:45am	Event 207	10yrs Discus	Boys	D1 Sth
9:45am	Event 208	10yrs Discus	Girls	D2 Nth
9:45am	Event 209	15yrs Shot Put	Boys	SP1
9:45am	Event 209A	13 – 15yrs Shot Put MC	Boys	SP1
9:45am	Event 210	15yrs Shot Put	Girls	SP2
9:45am	Event 210A	13 – 15yrs Shot Put MC	Girls	SP2
9:45am	Event 211	16yrs Triple Jump	Boys	TJ2 Sth
9:45am	Event 212	16yrs Triple Jump	Girls	TJ1 Nth
9:45am	Event 213	17yrs Triple Jump	Boys	TJ2 Sth
9:45am	Event 214	17yrs Triple Jump	Girls	TJ1 Nth
9:45am	Event 215	18 – 19yrs Triple Jump	Boys	TJ2 Sth
9:45am	Event 216	18 – 19yrs Triple Jump	Girls	TJ1 Nth
11:00am	Event 217	13yrs Discus	Boys	D1 Sth
11:00am	Event 218	17yrs High Jump	Boys	HJ2 Sth
11:00am	Event 219	17yrs High Jump	Girls	HJ1 Nth
11:00am	Event 220	18 – 19yrs High Jump	Boys	HJ2 Sth
11:00am	Event 221	18 – 19yrs High Jump	Girls	HJ1 Nth
11:00am	Event 222	13yrs Javelin	Girls	J1 Nth
11:00am	Event 223	14yrs Triple Jump	Boys	TJ2 Sth
11:00am	Event 224	14yrs Triple Jump	Girls	TJ1 Nth
11:00am	Event 225	15yrs Triple Jump	Boys	TJ2 Sth
11:00am	Event 226	15yrs Triple Jump	Girls	TJ1 Nth
12:15pm	Event 227	15yrs Discus	Boys	D1 Sth
12:15pm	Event 227A	13 – 15yrs Discus MC	Boys	D1 Sth
12:15pm	Event 228	15yrs Javelin	Girls	J2 Nth
12:15pm	Event 228A	13 – 15yrs Javelin MC	Girls	J2 Nth
12:15pm	Event 229	16yrs Shot Put	Boys	SP1
12:15pm	Event 230	16yrs Shot Put	Girls	SP2
12:15pm	Event 231	13yrs Triple Jump	Boys	TJ2 Sth
12:15pm	Event 232	13yrs Triple Jump	Girls	TJ1 Nth
12:15pm	Event 233	11yrs High Jump	Boys	HJ2 Sth
12:15pm	Event 234	11yrs High Jump	Girls	HJ1 Nth
1:30pm	Event 235	14yrs Discus	Girls	D1 Sth
1:30pm	Event 236	13yrs High Jump	Boys	HJ2 Sth
1:30pm	Event 237	13yrs High Jump	Girls	HJ1 Nth
1:30pm	Event 238	14yrs Javelin	Boys	J2 Nth
1:30pm	Event 239	17yrs Shot Put	Boys	SP1
1:30pm	Event 240	17yrs Shot Put	Girls	SP2
1:30pm	Event 241	18 – 19yrs Shot Put	Boys	SP1
1:30pm	Event 241A	16 – 19yrs Shot Put MC	Boys	SP1
1:30pm	Event 242	18 – 19yrs Shot Put	Girls	SP2
1:30pm	Event 242A	16 – 19yrs Shot Put MC	Girls	SP2
1:30pm	Event 243	10yrs Combined Event Long Jump	Boys	LJ2 Sth
1:30pm	Event 244	10yrs Combined Event Long Jump	Girls	LJ1 Nth
1:30pm	Event 245	11yrs Combined Event Long Jump	Boys	LJ2 Sth

METROPOLITAN WEST 10 – 19 YRS TRACK & FIELD TRIALS
2023 PROGRAM OF EVENTS

FIELD EVENTS: DAY 2 – WEDNESDAY 30 AUGUST 2023

1:30pm	Event 246	11yrs Combined Event Long Jump	Girls	LJ1 Nth
1:30pm	Event 247	12yrs Combined Event Long Jump	Boys	LJ2 Sth
1:30pm	Event 248	12yrs Combined Event Long Jump	Girls	LJ1 Nth
2:45pm	Event 249	16yrs Discus	Girls	D1 Sth
2:45pm	Event 250	15yrs High Jump	Boys	HJ2 Sth
2:45pm	Event 251	15yrs High Jump	Girls	HJ1 Nth
2:45pm	Event 252	16yrs Javelin	Boys	J2 Nth
2:45pm	Event 253	13yrs Shot Put	Boys	SP1
2:45pm	Event 254	13yrs Shot Put	Girls	SP2
2:45pm	Event 255	12yrs Long Jump	Boys	LJ2 Sth
2:45pm	Event 256	12yrs Long Jump	Girls	LJ1 Nth