

METROPOLITAN WEST SCHOOL SPORT

10-12 YEARS DISTANCE EVENT NOMINATION FORM

(THE BELOW EVENTS WILL NOT BE CONDUCTED AT METROPOLITAN WEST SCHOOL SPORT SWIMMING TRIALS BUT WILL BE CONTESTED AT THE QSS 10-12 YEARS SWIMMING STATE CHAMPIONSHIPS)

This form must be completed to be considered for selection in the Metropolitan West School Sport Swimming Team to compete at the QSS 10-12 Years Swimming State Championships.

STUDENT NAME:

SCHOOL:

DATE OF BIRTH:..... **Male/Female**

CONTACT MOBILE:

CONTACT EMAIL:

Please select (✓) your desired event and complete the appropriate details for each event.

Please note: Only current 2025/2026 swimming season times up until the 11 February 2026 will be considered. Times **must** be **Long Course** times.

Select (✓)	Event	Name of Meet (must be recognised)	Date of Meet	Result (time)
	400m Freestyle			
	200m Backstroke			
	200m Breaststroke			
	200m Butterfly			
	400m Individual Medley			

Verified results (sanctioned Swimming Qld event) must be attached or the nomination form will not be accepted.

Successful nominations will be highlighted and displayed at the Metropolitan West School Sport Swimming Trials on Wednesday 25 February 2026.

THIS FORM MUST BE EMAIL TO ann-louise.edwards@qed.qld.gov.au at the Metropolitan West School Sport Office **BY 4PM WEDNESDAY 11 FEBRUARY 2026.**