

**2026 METROPOLITAN WEST SCHOOL SPORT SWIMMING TRIALS
13-19 YEARS MWSS QUALIFYING TIMES**

APPENDIX D

PLEASE NOTE: Districts may nominate ALL swimmers who equal or are faster than the MWSS Qualifying Time.

BOYS

Freestyle	13yrs	14yrs	15yrs	16yrs	17-19yrs
50m	32.50	32.00	32.00	31.50	31.50
100m	1:11.00	1:09.00	1:07.00	1:06.00	1:05.50
200m	2:27.00	2:25.00	2:22.00	2:19.00	2:17.00
400m	Paper Nomination				
800m	Paper Nomination				
1500m	Paper Nomination				
Breaststroke	13yrs	14yrs	15yrs	16yrs	17-19yrs
50m	44.50	42.00	41.00	40.50	40.50
100m	1:34.00	1:32.00	1:30.00	1:28.00	1:26.00
200m	Paper Nomination				
Backstroke	13yrs	14yrs	15yrs	16yrs	17-19yrs
50m	40.00	39.00	38.00	37.50	37.00
100m	1:23.00	1:21.00	1:19.00	1:18.00	1:14.00
200m	Paper Nomination				
Butterfly	13yrs	14yrs	15yrs	16yrs	17-19yrs
50m	37.50	36.50	35.00	34.50	34.50
100m	1:21.00	1:19.00	1:17.00	1:15.00	1:12.00
200m	Paper Nomination				
Indiv Medley	13yrs	14yrs	15yrs	16yrs	17-19yrs
200m	2:47.00	2:45.00	2:42.00	2:39.00	2:37.00
400m	Paper Nomination				

GIRLS

Freestyle	13yrs	14yrs	15yrs	16yrs	17-19yrs
50m	34.00	34.00	33.50	33.00	33.00
100m	1:15.00	1:13.00	1:11.00	1:10.00	1:10.00
200m	2:36.00	2:32.00	2:30.00	2:28.00	2:28.00
400m	Paper Nomination				
800m	Paper Nomination				
1500m	Paper Nomination				
Breaststroke	13yrs	14yrs	15yrs	16yrs	17-19yrs
50m	45.00	44.00	43.50	43.00	42.50
100m	1:35.00	1:36.00	1:35.00	1:33.00	1:30.00
200m	Paper Nomination				
Backstroke	13yrs	14yrs	15yrs	16yrs	17-19yrs
50m	41.00	40.50	40.00	39.50	39.50
100m	1:27.00	1:24.00	1:22.00	1:20.00	1:19.00
200m	Paper Nomination				
Butterfly	13yrs	14yrs	15yrs	16yrs	17-19yrs
50m	38.50	38.00	37.50	37.00	36.50
100m	1:25.00	1:22.00	1:20.00	1:19.00	1:18.00
200m	Paper Nomination				
Indiv Medley	13yrs	14yrs	15yrs	16yrs	17-19yrs
200m	2:55.00	2:52.00	2:47.00	2:45.00	2:45.00
400m	Paper Nomination				