

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Girls 10 Year Olds 2000 Meter Run CC**

Name	Age	Team	Finals	H#	Points
Results - Women 10 Year Olds					
1 Lila Pegg	10	Mount Crosby SS	8:18.81	1	
2 Avery Jones	10	Wmac	8:24.67	1	
3 Annie Strickland	10	Jindalee SS	8:26.70	1	
4 Bronte Brfss09	10	Brookfield SS	8:27.75	1	
5 Zara Wood	10	Saint Stephen's PS	8:30.17	1	
6 Kirra Radway	10	Sherwood SS	8:31.20	1	
7 Priya Bryan	10	Mount Crosby SS	8:34.95	1	
8 Florence Fnvss01	10	Fernvale SS	8:42.33	1	
9 Lily Threfrall	10	Splcs	8:47.74	1	
10 Haivyn McConnachie	10	Brassall SS	8:53.88	1	
11 Charlotte Wallis	10	Brookfield SS	8:54.32	2	
12 Sienna Sanders	10	Karalee SS	8:58.08	2	
13 Bridget Crowther	10	OlrS	9:00.98	2	
14 Liliana Titley	10	Tsac	9:02.68	2	
15 Scarlett May	10	Brookfield SS	9:03.64	2	
16 Elena Toow 03	10	Toowong SS	9:07.59	2	
17 Mia Menicanin	10	Moorooka SS	9:09.21	2	
18 Esha Patel	10	Yeronga SS	9:13.80	2	
19 Kenna Gleaves	10	Moorooka SS	9:14.85	2	
20 Linnea Thorne	10	Moorooka SS	9:22.70	2	
21 Grace Simmons	10	Ijgs	9:44.04	3	
22 Eva Riggs	10	Shps	9:56.79	3	
23 Eva Niesler	10	Wcc	10:03.76	3	
24 Georgia Meyer	10	Grand Avenue SS	10:11.89	3	
25 01 Palss	10	Pallara SS	10:18.15	3	
26 Hulima Yahia	10	Pallara SS	10:23.46	3	
27 01 Oss	10	Oxley SS	10:24.16	3	

2023 Met West Cross Country Regional Trials - 24/05/2023

Results - XC events

Girls 10-12 2000 Meter Run Multi-Class

Name	Age	Team	Finals	Points
Results - Women 10-12				
1 Isabella Gee (Tf01)	12	Indooroopilly Shs	9:37.44	
2 Lillie Brfss06 (Tf23)	11	Brookfield SS	10:07.66	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Girls 11 Year Olds 3k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Women 11 Year Olds					
1 Juliana Stander	11	Chapel Hill SS	11:43.81	1	
2 Claudia Lekieffre	11	Chapel Hill SS	11:56.47	1	
3 Sofia Ede	11	Indooroopilly SS	12:09.79	1	
4 Camille Ftpss 09	11	Fig Tree Pocket SS	12:35.86	1	
5 Sienna Higgo	11	Smss	12:37.34	1	
6 Isabelle Heeley	11	Wmac	12:38.26	1	
7 Emmeline Sio	11	Shps	12:45.06	1	
8 Charlotte Kelley	11	Ijgs	13:00.95	1	
9 Liana Johnston	11	St Joseph's PS	13:03.03	1	
10 Kiko Wilson	11	Smps	13:03.85	1	
11 Milla Cuthbert	11	Sags	13:25.72	2	
12 Abbie Chilton	11	Karalee SS	13:28.02	2	
13 Mollie Wolf	11	Yeronga SS	13:44.28	2	
14 Sabina Bennett	11	Graceville SS	13:46.43	2	
15 Nyree Graham	11	Sjac	13:47.66	2	
16 Ava Andoss	11	Wmac	14:02.91	2	
17 Sasha Sacs01	11	Sacs	14:03.18	2	
18 Sarah Kooch	11	Wcc	14:31.12	2	
19 Skye Miller	11	Peak Crossing SS	14:33.54	2	
20 Deepshika Vogirala	11	Scss	14:34.65	2	
21 Jasmine Jorgensen	11	Sjac	15:04.25	3	
22 Paisley Beaton	11	Greenbank SS	15:47.82	3	
23 Milica Ssc03	11	Ssc	16:25.64	3	
24 Khloe Prshs	11	Park Ridge SS	16:40.21	3	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Girls 12 Year Olds 3k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Women 12 Year Olds					
1 Claire Riot	12	Splci	10:56.61	1	
2 Gemma De Villiers	12	Fig Tree Pocket SS	11:29.54	1	
3 Amelie Lee	12	Sags	12:03.69	1	
4 Lilee Unwin	12	Pcc	12:07.82	1	
5 Charlotte Ainsworth	12	Slss	12:15.65	1	
6 Elliana Van Deventer	12	Wmac	12:20.77	1	
7 Aggie Webb	12	Yeronga SS	12:28.41	1	
8 Zoe Brien	12	Wmac	12:29.50	1	
9 Paige Pitura	12	Hatton Vale SS	12:38.07	1	
10 Arabella Yerss 07	12	Yeronga SS	12:47.37	1	
11 Macie Mottram	12	Wmac	12:55.70	2	
12 Grace Sherlock	12	Stuartholme School	12:59.22	2	
13 Aine Logan	12	Tsac	13:14.57	2	
14 Jasmine Wenck	12	Iggs	13:15.46	2	
15 Deva-Mariah Cornett	12	Forest Lake SS	13:22.27	2	
16 Lara Harris	12	Wmac	13:26.31	2	
17 Shona Isbister	12	Sjac	13:28.77	2	
18 04 Ccc	12	Ccc	13:47.81	2	
19 Katelyn Chong	12	Sunnybank Hills SS	13:51.84	2	
20 Elodie Boyd	12	Sags	13:59.58	2	
21 Rina Ichino	12	Ssc	14:18.89	3	
22 Amity Haynes	12	Smc	14:55.98	3	
23 Mahala Auda	12	Wsc	15:06.54	3	
24 Nethuli Weerasooriya	12	Qld Academy	15:36.74	3	
25 Siham Rpshs01	12	Redbank Plains Shs	17:30.62	3	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Girls 13 Year Olds 3k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Women 13 Year Olds					
1 Chloe Ryan	13	Stuartholme School	11:22.64	1	
2 Lilja Jonsdottir	13	Splci	11:28.87	1	
3 Molly Lane	13	Wmac	11:35.14	1	
4 Mikaela Learoyd	13	Wmac	11:37.90	1	
5 Charlotte Wallace	13	Splci	11:49.12	1	
6 Arabella Carter	13	Iggs	12:01.93	1	
7 Olivia Agiannitis	13	Splcs	12:09.78	1	
8 Kristina Jackson	13	Brigidine College	12:11.01	1	
9 Tahnee Beckers	13	Splcs	12:11.89	1	
10 Millie Inshs3	13	Indooroopilly Shs	12:13.08	1	
11 Francine Moloney	13	Stuartholme School	12:22.10	2	
12 Olivia Bron	13	Sags	12:30.98	2	
13 Natsuki Inoue	13	Sags	12:36.61	2	
14 Grace Hefner	13	Sags	12:38.08	2	
15 Siena Ssc07	13	Ssc	13:03.91	2	
16 Maya McLeod	13	Flc	13:05.76	2	
17 Ava Hogan	13	Spcc	13:15.88	2	
18 Lilly Ross	13	Stmc	13:26.78	2	
19 Madeline Harris	13	Smci	13:27.28	2	
20 Madyson Kennedy	13	Smci	13:27.83	2	
21 Olivia Banks	13	Iggs	13:28.41	3	
22 Vitalia Buteux	13	Ccc	13:29.13	3	
23 Emily Hill	13	Sags	13:30.91	3	
24 Jordyn Reid	13	Rvssc	13:34.85	3	
25 Callisse Isbitser	13	Sjac	13:40.83	3	
26 Ashley Jones	13	Wmac	13:46.21	3	
27 Arna Elliott	13	Sags	14:20.10	3	
28 Ashleigh Tinson	13	Pcc	15:55.96	3	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Girls 13-19 3000 Meter Run Multi-Class**

Name	Age	Team	Finals	Points
Results - Women 13-19				
1 Evelynne George (Tf13)	13	Kenmore Shs	15:12.82	
2 Phoebe Finlay (T12)	15	Sags	18:02.48	
3 Emily Billings (T/F01)	14	Smc	19:25.12	
4 Mia Kertesz (T40)	13	Wmac	26:30.55	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Girls 14 Year Olds 4k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Women 14 Year Olds					
1 Sienna Barr	14	Splci	15:07.29	1	
2 Olivia Temete	14	Wcc	16:21.81	1	
3 Leila Alexander	14	Tsac	16:34.99	1	
4 Layla Pennisi	14	Sags	16:50.54	1	
5 Lauren Deighton	14	Sags	17:05.11	1	
6 Jasmin Minton	14	Wmac	17:19.20	1	
7 Rosie Pedley	14	Splci	17:22.98	1	
8 Tayla Weatherhog	14	Wcc	17:49.94	1	
9 Amitee Baker	14	Wmac	18:04.47	1	
10 Zoe Bristow	14	Sags	18:06.83	1	
11 Harmony Taylor	14	Wmac	18:14.70	2	
12 Grace Bambling	14	Stuartholme School	18:20.87	2	
13 Louie Fannin	14	Indooroopilly Shs	18:30.55	2	
14 Charlotte Sullivan	14	Wmac	18:39.37	2	
15 Indi Smith	14	Splci	18:42.42	2	
16 Matilda Ahern	14	Tsac	18:57.39	2	
17 Ella Flitton	14	Bremer Shs	18:58.15	2	
18 Genevieve Davies	14	Sags	19:29.12	2	
19 Mathilda Winks	14	Iggs	19:34.99	2	
20 Sienna Pinnell	14	Stac	19:38.61	2	
21 Lucie Morris	14	St Philomena School	20:09.48	3	
22 Isabella Bosanac	14	Pcc	20:09.78	3	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Girls 15 Year Olds 4k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Women 15 Year Olds					
1 Olivia Williams	15	Stuartholme School	15:20.31	1	
2 Phoebe Karahimas	15	Stuartholme School	15:56.97	1	
3 Elke McAuley	15	Tsac	16:01.19	1	
4 Grace Freeman	15	Stuartholme School	16:08.82	1	
5 Tiana Parsons	15	Wmac	16:15.24	1	
6 Charlotte Parsons	15	Wmac	16:58.40	1	
7 Sophie Schutz	15	Spcc	17:27.44	1	
8 Isabella Valinoti	15	Sags	17:33.36	1	
9 Freya Schreiber	15	Kenmore Shs	17:41.97	1	
10 Lola Bryant	15	Forest Lake Shs	18:01.42	1	
11 Huntah Wilson	15	Iggs	18:01.90	2	
12 Stella Scott	15	Splcs	18:51.62	2	
13 Eliza Flanagan	15	Stuartholme School	19:04.86	2	
14 Lyla May	15	Stmc	19:20.01	2	
15 Chelsea Johnman	15	Iggs	19:28.04	2	
16 Clementine Townsend	15	Yeronga Shs	19:36.63	2	
17 Ashlyn Argent	15	Ccc	19:40.12	2	
18 Stefanie Bichel	15	Corinda Shs	20:17.21	2	
19 Siofra Lehane	15	Yeronga Shs	20:19.67	2	
20 Zarah Collard	15	Ssc	20:30.97	2	
21 Annika Ruthenberg	15	Spcc	20:57.68	3	
22 Eden Brighthouse	15	Wmac	21:09.77	3	
23 Erin Wyman	15	Smci	21:23.45	3	
24 Esher Jefferd	15	Wmac	21:26.73	3	
25 Charlotte Sulja	15	Pcc	22:10.29	3	
26 Carli Van Dyk	15	Pcc	23:16.45	3	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Girls 16 Year Olds 4k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Women 16 Year Olds					
1 Lucinda Freeman	16	Stuartholme School	15:49.25	1	
2 Matilda Lee	16	Sags	16:04.96	1	
3 Milla Roberts	16	Splci	16:17.24	1	
4 Celine Lekieffre	16	Kenmore Shs	16:29.08	1	
5 Ella Knox	16	Splci	16:51.09	1	
6 Jade Hennessy	16	Splcs	17:10.05	1	
7 Rebecca Teahen	16	Sags	17:30.06	1	
8 Rylee Novinetz	16	Wmac	18:10.36	1	
9 Latisha Wilson	16	Wcc	18:19.75	1	
10 Kayla Moore	16	Wmac	18:38.23	1	
11 Matilda Moore	16	Ipswich Shs	19:11.52	2	
12 Tayla Pinder	16	Pcc	19:44.63	2	
13 Tilly Voisey	16	Stmc	19:53.28	2	
14 Tayla Thomson	16	Pcc	20:33.12	2	
15 Lindsey Curl	16	Stuartholme School	20:50.36	2	
16 Emily Stuart	16	Ssc	20:56.04	2	
17 Eliza Beckers	16	Scshs	21:04.23	2	
18 Emily Barros	16	St Philomena School	23:09.59	2	
19 Yar Chol	16	Spcc	23:51.98	2	
20 Lillielle Mahoney	16	Runcorn Shs	24:08.58	2	
21 Loralai Cox	16	Stac	24:09.47	3	
22 Lily Goulding	16	Rvssc	24:16.28	3	
23 Imogen Chamberlain	16	MacGregor Shs	26:38.64	3	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Girls 17 Year Olds 4k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Women 17 Year Olds					
1 Gabrielle Schmidt	17	Splci	14:33.71	1	
2 Gretta Johnson	17	Stuartholme School	15:17.44	1	
3 Syeira Collard	17	Ssc	16:11.02	1	
4 Lauren Brown	17	Wmac	16:45.31	1	
5 Eleanor Bond	17	Iggs	17:08.37	1	
6 Arabella Dickfos	17	Sags	17:10.70	1	
7 Edie Roslin-Clark	17	Scshs	18:00.09	1	
8 Bridie Ellice	17	Brigidine College	18:12.26	1	
9 Lola Kellen	17	Iggs	18:41.49	1	
10 Jemima Bennett	17	Sags	18:58.88	1	
11 Lauren Guppy	17	Splci	19:53.60	2	
12 Jade Burns	17	Boonah Shs	20:00.86	2	
13 Emily Gordon	17	Stuartholme School	20:16.68	2	
14 Mikayla Harris	17	Wsc	21:07.51	2	
15 Gabriella Gigliotti	17	Tsac	21:07.82	2	
16 Edie Miles	17	Ssc	23:35.66	2	
17 Sahara Vella	17	Ssc	24:39.57	2	
18 Madonna Lowe	17	St Philomena School	26:00.14	2	
19 05 Ccc	17	Ccc	26:43.68	2	
20 Mackclae Weatherall	17	Sunnybank Shs	26:44.71	2	
21 Rebekah Hindle	17	MacGregor Shs	29:42.35	3	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Girls 18-19 6k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Women 18-19					
1 Lucy Hill	18	Iggs	19:45.21	1	
2 Eledwhen Wilson	18	Boonah Shs	25:01.49	1	
3 Ellie Reid	18	Sags	25:49.30	1	
4 Evie Gemmell	18	Splci	26:44.61	1	
5 Jasmine Wallace	18	Wmac	27:52.58	1	
6 Zia Stevens	18	Stuartholme School	30:00.61	1	
7 Sophie Davis	18	Wmac	31:48.92	1	
8 Karina Harrison	18	Splci	35:50.49	1	
9 Reese Laws	18	Scshs	36:06.30	1	
10 08 Prshs	18	Park Ridge Shs	36:24.27	1	
11 Subira Gshs02	19	Glenala Shs	40:07.42	2	
12 Zoe rehder	18	Bremer Shs	40:07.74	2	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Boys 10 Year Olds 2000 Meter Run CC**

Name	Age	Team	Finals	H#	Points
Results - Men 10 Year Olds					
1 Charlie Wellings	10	Igs	7:24.00	1	
2 Dante Gualandi	10	Graceville SS	7:32.16	1	
3 Mason Chalker	10	Amt	7:32.85	1	
4 Ryder Wilson	10	Igs	7:35.87	1	
5 Darcy Maguire	10	Adss	7:38.50	1	
6 Alex GrvssA	10	Graceville SS	7:42.41	1	
7 Harrison Suliz	10	Kenmore South SS	7:45.40	1	
8 Troy Barnes	10	Indooroopilly SS	7:46.02	1	
9 Ezekiel Kurene	10	Wcc	7:46.69	1	
10 Hugh Donaghy	10	Splci	7:50.15	1	
11 Thomas Pearsall	10	Hatton Vale SS	7:53.70	2	
12 Phoenix Yerss 11	10	Yeronga SS	8:00.98	2	
13 Carter Trickett	10	Stbs	8:01.86	2	
14 Bailey McGinn	10	Wmac	8:02.58	2	
15 Riley Brand	10	Sfxps	8:03.69	2	
16 Atticus Slss01	10	Slss	8:06.58	2	
17 Thomas Ellis	10	Warrigal Road SS	8:07.93	2	
18 Felix Feustera	10	Blair SS	8:08.57	2	
19 Patrick Krieg	10	Peak Crossing SS	8:16.88	2	
20 Ayden Wong	10	Sunnybank Hills SS	8:20.34	2	
21 Billy Johnstone	10	Park Ridge SS	8:31.00	3	
22 01 Ccc	10	Ccc	8:42.41	3	
23 Connor Irwin	10	Pcc	8:45.27	3	
24 Brayson Roberts	10	Regents Park SS	8:50.20	3	
25 Sebastian Tomholt	10	Tsac	8:57.94	3	
26 Toby Yerss 12	10	Yeronga SS	9:10.65	3	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Boys 10-12 2000 Meter Run Multi-Class**

Name	Age	Team	Finals	Points
Results - Men 10-12				
1 Daniel Phillips (T/F20)	12	Fernbrooke SS	10:54.18	
2 Rowan Gillam (T11)	10	Corinda SS	11:01.73	
3 Charles Christensen (Tf?)	10	Moggill SS	11:22.18	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Boys 11 Year Olds 3k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Men 11 Year Olds					
1 Lachlan Gordon	11	Yeronga SS	10:58.11	1	
2 Jake Hogendoorn	11	Kenmore SS	11:02.03	1	
3 Josh Aloia	11	Brookfield SS	11:07.65	1	
4 Adam Langmack	11	Warrigal Road SS	11:17.23	1	
5 Eamon Alexander	11	Tsac	11:20.09	1	
6 Tyler Holubowicz	11	Igs	11:24.32	1	
7 Archie Ebbrell	11	Wmac	11:38.45	1	
8 Gabriel Chol	11	Redbank Plains SS	11:42.17	1	
9 Ashton Porter	11	Amt	11:43.01	1	
10 Cooper Leske	11	Kenmore SS	11:48.54	1	
11 Alex Congo	11	Yeronga SS	11:55.76	2	
12 Charlie Covele	11	Wcc	12:01.49	2	
13 Grayson Vance	11	Chapel Hill SS	12:13.29	2	
14 Zac Ssc04	11	Ssc	12:15.10	2	
15 Thomas Boyd	11	Bcc	12:20.27	2	
16 Joel Sandeep	11	Scss	12:24.54	2	
17 Nate Campbell	11	Mount Crosby SS	12:27.77	2	
18 Curtis Richardson	11	Mount Crosby SS	12:30.69	2	
19 Robert Lee	11	Moorooka SS	12:32.51	2	
20 Jakub Mico	11	Bls	12:33.92	2	
21 Jordan Baker	11	Regents Park SS	12:35.93	3	
22 Ethan Twyford	11	Ssc	12:52.86	3	
23 Emmitt Rasmussen	11	Boonah SS	12:55.38	3	
24 Jax Kent-Wilson	11	Brassall SS	13:12.20	3	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Boys 12 Year Olds 3k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Men 12 Year Olds					
1	Conor Mathewson	12 St Edmunds College	10:00.93	1	
2	Benjamin Schinard	12 Amt	10:12.36	1	
3	William Law	12 Kenmore Shs	10:58.50	1	
4	Kallum Chalker	12 Amt	11:02.43	1	
5	Asher Roots	12 Wcc	11:04.92	1	
6	Finn Copeman	12 Yeronga SS	11:07.18	1	
7	Lachlan Mogss003	12 Moggill SS	11:16.95	1	
8	Nicholas Yerss 01	12 Yeronga SS	11:18.65	1	
9	Alex Musat	12 Silkstone SS	11:39.69	1	
10	Farred Tokh	12 Scss	11:45.35	1	
11	Elijah Arulogun	12 Sjac	11:52.55	2	
12	Kingston Walker	12 Igs	11:56.64	2	
13	Nathan Vuni	12 Spcc	11:59.89	2	
14	Jayden Ryu	12 Sunnybank Hills SS	12:00.69	2	
15	Abel Taylor	12 Wmac	12:01.20	2	
16	Lincoln Beattie	12 Haigslea SS	12:17.36	2	
17	Lorcan O'Shea	12 St Philomena School	12:19.08	2	
18	Oscar Kenny	12 Flc	12:21.91	2	
19	Noah Blair	12 Kalbar SS	12:28.42	2	
20	Lennox Picker	12 Igs	12:32.70	2	
21	Calvin Doolan	12 Richlands East SS	12:41.91	3	
22	Euan Stronach	12 Graceville SS	12:56.60	3	
23	Ethan Wetzig	12 St Joseph's PS	12:58.99	3	
24	Lewis Bear	12 Sjac	13:04.22	3	
25	Carter Burns	12 Greenbank SS	13:15.97	3	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Boys 13 Year Olds 3k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Men 13 Year Olds					
1 Max Blackwell	13	Igs	10:02.93	1	
2 Xavier Morrell	13	Splci	10:04.03	1	
3 Jacob Bardell	13	Bbc	10:07.09	1	
4 Caleb Van Deventer	13	Wmac	10:08.93	1	
5 Joshua Algate	13	Bbc	10:10.39	1	
6 Nick Kenos	13	Amt	10:13.45	1	
7 Ashton Maguire	13	St Edmunds College	10:19.71	1	
8 Lachlan Mane	13	Pcc	10:44.11	1	
9 Braxton Mitchell	13	Kenmore Shs	11:00.52	1	
10 Lukas Grinham	13	Centenary Shs	11:21.96	1	
11 Leo Riby	13	Igs	11:24.87	2	
12 Archer Crowley	13	Igs	11:29.22	2	
13 Xavier Angel	13	MacGregor Shs	11:36.98	2	
14 Jack Stewart	13	Corinda Shs	11:43.04	2	
15 Isaac Aloia	13	Corinda Shs	11:50.30	2	
16 Seshan Raginekanth	13	Sjac	12:07.19	2	
17 Leonardo Barrero Ishida	13	Scshs	12:09.37	2	
18 Lawrence Lowusing	13	Bcc	12:14.87	2	
19 Will Bryant	13	Forest Lake Shs	12:16.54	2	
20 William McLay	13	Wmac	12:21.19	2	
21 Hayden Brady	13	Wmac	12:21.91	3	
22 Aidan Tomlins	13	Wmac	13:15.09	3	
23 Kenneth Shen	13	Sunnybank Hills SS	14:28.43	3	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Boys 13-19 3000 Meter Run Multi-Class**

Name	Age	Team	Finals	Points
Results - Men 13-19				
1 Jaycob Inshs2 (Tf01)	17	Indooroopilly Shs	10:45.21	
2 Hayden White (T/F38)	15	Stac	11:32.70	
3 Blake Gee (Tf01)	14	Indooroopilly Shs	14:21.59	
4 Liam Stenner (T20)	14	Iwsp	15:34.91	
5 Jayden Eyres (T20)	15	Sunsp	16:42.31	
6 Sean Kendrick (Tf11)	19	Centenary Shs	16:54.47	
7 Liban Mohamed (T20)	13	Sunsp	18:48.08	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Boys 14 Year Olds 4k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Men 14 Year Olds					
1 Daniel Moor	14	Wcc	13:36.90	1	
2 Oliver Gartner	14	Igs	13:42.26	1	
3 Tom Nealon	14	Bbc	13:48.20	1	
4 Luca Gigliotti	14	Tsac	13:52.01	1	
5 Luke Unwin	14	Pcc	14:06.16	1	
6 Archie Reid	14	Bbc	14:09.86	1	
7 Michael O'Toole	14	St Edmunds College	14:25.90	1	
8 Samuel Boyd	14	Splci	14:29.55	1	
9 Isaac Krause	14	Splcs	14:50.41	1	
10 William Faulds	14	Wcc	15:02.35	1	
11 Cooper Lando	14	Bbc	15:06.39	2	
12 Jacob Larch	14	Igs	15:09.34	2	
13 Carlin Maguire	14	Indooroopilly Shs	15:14.62	2	
14 Stanley Griffiths	14	Ccc	15:29.14	2	
15 Oliver Qasmt 1	14	Qld Academy	15:33.69	2	
16 Hudson Binkley	14	Stmc	15:46.78	2	
17 Leo Scanlon	14	Stmc	15:50.23	2	
18 Joseph Bergin	14	Sjac	15:59.02	2	
19 Jimi Moore	14	Ipswich Shs	16:00.53	2	
20 Ben Dolman	14	Yeronga Shs	16:11.19	2	
21 Eamon Byrne	14	Sjac	16:11.90	3	
22 Henry Snell	14	Lowood SS	16:13.68	3	
23 Noah Geri	14	Corinda Shs	16:25.12	3	
24 Lachlan Sbshs01	14	Sunnybank Shs	16:27.35	3	
25 Ajaiveer Bhangra	14	Sjac	16:58.77	3	
26 Caleb Cadena	14	Boonah Shs	17:11.84	3	
27 Riley Mattingley	14	Stmc	17:39.66	3	
28 Angus Summerville	14	St Edmunds College	17:55.13	3	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Boys 15 Year Olds 4k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Men 15 Year Olds					
1 Dakota Stewart	15	Igs	13:47.08	1	
2 Nate Argent	15	Ccc	13:50.99	1	
3 Joshua Lehman	15	Flc	14:08.33	1	
4 Jacob Algate	15	Bbc	14:20.54	1	
5 03 Gshs	15	Glenala Shs	14:40.12	1	
6 Harrison Brown	15	Splci	14:52.00	1	
7 Daniel Hill	15	Igs	15:04.82	1	
8 Owen Martin	15	Tsac	15:13.64	1	
9 Cody Costin	15	Pcc	15:23.18	1	
10 Kyrill Zubkov	15	Wcc	15:38.57	1	
11 Rahul Karunaratne	15	Splcs	15:39.62	2	
12 Zavier Anderson	15	Wmac	16:01.17	2	
13 Oscar Martinuzzi	15	Yeronga Shs	16:20.07	2	
14 Hayden Robinson	15	St Edmunds College	16:28.30	2	
15 Owen Carrick	15	Stmc	16:28.79	2	
16 Kain Yshs002	15	Yeronga Shs	16:37.69	2	
17 Abdullah Safi Musa	15	Runcorn Shs	16:45.87	2	
18 Joshua Bundy	15	St Edmunds College	16:51.80	2	
19 Justin Hunt	15	Pcc	17:01.46	2	
20 Dylan Moore	15	Indooroopilly Shs	17:03.08	2	
21 Aiden Cagney	15	Corinda Shs	17:04.88	3	
22 Craig Cadman	15	Sjac	17:14.82	3	
23 Ethan Magno	15	Bcc	17:25.19	3	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Boys 16 Year Olds 6k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Men 16 Year Olds					
1 Ethan Heyward	16	Igs	20:23.37	1	
2 Hugh White	16	Bbc	21:13.61	1	
3 Andrew Byrne	16	Sjac	22:37.33	1	
4 Parker McGovern	16	Bbc	22:38.31	1	
5 Elijah Hellowell	16	Yeronga Shs	22:38.34	1	
6 Addison Sullivan	16	Igs	23:02.50	1	
7 Mason Schirnack	16	Bremer Shs	23:28.95	1	
8 Benjamin White	16	Sjac	23:35.96	1	
9 Noah Jones	16	Splci	23:58.05	1	
10 Zachary Aumuller	16	Wcc	24:12.58	1	
11 Kyran Broderick	16	St Edmunds College	24:25.25	2	
12 Solomon Hawkings	16	Bbc	24:29.06	2	
13 Ben Ssc09	16	Ssc	24:35.26	2	
14 04 Ccc	16	Ccc	25:21.34	2	
15 Cooper Farrell-Thomas	16	St Edmunds College	25:50.86	2	
16 Finn Bower	16	Tsac	26:45.01	2	
17 James Di Rosa	16	Bremer Shs	27:05.55	2	
18 William Carruth	16	Forest Lake Shs	28:33.19	2	
19 Trent Mgs02	16	MacGregor Shs	30:13.04	2	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Boys 17 Year Olds 6k Run CC**

Name	Age	Team	Finals	H#	Points
Results - Men 17 Year Olds					
1 Seth Mahony	17	Bbc	19:30.62	1	
2 Abdulhafis Gshs01	17	Glenala Shs	19:32.37	1	
3 Harrison Barr	17	Bbc	20:10.68	1	
4 David Olsson	17	Igs	21:18.82	1	
5 Lachlan Rayner	17	Bbc	21:27.78	1	
6 Bailey Farrell-Thomas	17	St Edmunds College	21:55.31	1	
7 Sean Abbott	17	Kenmore Shs	22:19.25	1	
8 Thomas Parrott	17	Splci	22:33.88	1	
9 David Inshs1	17	Indooroopilly Shs	22:35.28	1	
10 Samuel Savage	17	Igs	22:41.25	1	
11 Lachlan Savage	17	Igs	22:49.13	2	
12 Ethan Isaacs	17	St Edmunds College	23:40.55	2	
13 Henry Smyth	17	Scshs	24:06.35	2	
14 Lachlan Seymour	17	Bbc	24:26.45	2	
15 Mithwani Shahid	17	Icb	24:30.33	2	
16 Dartanyan Gottani	17	Runcorn Shs	24:35.69	2	
17 Luke Stephen	17	Igs	24:44.82	2	
18 Jonathan Laryea	17	Tsac	24:57.99	2	
19 Austin O'Shea	17	Stmc	25:29.10	2	
20 Kobe Blake	17	Sjac	26:37.65	2	
21 Dylan Radway	12	Sherwood SS	26:49.16	3	
22 Hudson Hunt	17	Pcc	27:09.97	3	
23 04 Prshs	17	Park Ridge Shs	27:31.81	3	
24 Cameron Dugdell	17	Corinda Shs	27:56.85	3	
25 Ibrahim Lalle	17	Runcorn Shs	28:06.67	3	
26 Khyden Rye	17	Bremer Shs	28:07.66	3	
27 Joshua Brockel	17	Ipswich Shs	28:40.41	3	
28 Jack Schodde	17	Ipswich Shs	29:23.98	3	

2023 Met West Cross Country Regional Trials - 24/05/2023**Results - XC events****Boys 18 8000 Meter Run**

Name	Age	Team	Finals	H#	Points
Results - Men 18 Year Olds					
1 Alex Peacock	18	Igs	29:55.34	1	
2 Jack Thomas	18	St Edmunds College	31:02.57	1	
3 Arthur Ryan	18	Wmac	31:19.07	1	
4 Ruben Ripper	18	Indooroopilly Shs	31:40.59	1	
5 Declan Fox	18	Igs	32:41.84	1	
6 Thomas MacDonnell	18	Bbc	33:14.03	1	
7 Michael Pope	18	St Philomena School	36:15.76	1	
8 Alex Crowe	18	Indooroopilly Shs	36:57.76	1	
9 William Hall	18	Kenmore Shs	37:09.38	1	
10 Gabriel Onederra	18	St Philomena School	39:51.34	1	
11 Connor Zienius	18	Brown Plains Shs	41:50.07	2	
12 Seth Croft-Fallows	18	Wsc	42:10.94	2	
13 Ryan Wu	18	Sunnybank Shs	44:03.22	2	