

CROSS COUNTRY

COME and TRY DAY for students with disabilities.

PURPOSE	To increase the awareness of pathways for students with a disability in the representative school sport pathway within the Metropolitan West School Sport region.
Date	Thursday 15 th May 2025
Venue	Ipswich Grammar Sports Fields Pearse Drive, Brassall
What is involved and who can participate in the event	<ul style="list-style-type: none"> * Students 10-19 years with disabilities can participate in this event. * Students will participate in running the cross-country course approx. 900m in distance. This will not be a flat course. * This is open to any student and their families interested in finding out more information about the classification process for representative school sport. * Parent involvement is required to bring students to this event. * Schools will need to fill out the nomination form. * Teachers will need to assist at this event with your students. * Department Physiotherapists will be available to assist with questions on the day.
Times	Arrival (1:30pm) Register at the MW tent. Cross Country come and try will start at 2:15pm for all 10-19 students.
Convenor	Melita Hines MWSS Phone: 07 30344966 Email: melita.hines@ged.qld.gov.au
Nomination Process	<p>Please note: students can only nominate to attend these trials through their school sports coordinator. Nominations outside of this process will not be accepted.</p> <p><u>District nominations due to the Regional Convenor no later than Wednesday 7th May 2025.</u></p>
Eligibility	10-19yrs: Students (boys & girls) need to be 10 -19 years by 31 December 2025 and be currently enrolled in an affiliated Metropolitan West School Sport school.
Forms	Please fill out the paperwork and hand the forms to either your school manager or MW official on the day.
Wet Weather	If you are concerned about weather conditions, please check the Metropolitan West School Sport website on the morning of the trial: metwestschoolsport.eq.edu.au
Uniform	<p>All students must wear their school sports uniform when competing at these trials.</p> <ul style="list-style-type: none"> • Appropriate attire • Individual water bottle



Metropolitan West School Sport

In Pursuit of Sporting Excellence



School _____

10-19 Boys and Girls nominations Come and Try Day for Cross Country

No.	Student's Name	Student's School	Student's DOB	Parent/Guardian Email	Parent/Guard Mobile	Parent Attending Y/N	Additional supports/equipment needs
01							
02							
03							
04							
05							
06							
07							
08							
09							
10							

Total number of Aboriginal and/or TSI students: _____

Please return form to Melita Hines – melita.hines@qed.qld.gov.au by Wednesday 7th May

Teachers Email _____ Mobile Number _____

Email: met.west@qed.qld.gov.au

Website: www.metwestschoolsport.eq.edu.au